

# **WHAT IS THE SELF DETERMINATION PROGRAM?**




**In the Self-Determination Program, you can make your own CHOICES about the life you want to live, deciding on the SERVICES you need and the PEOPLE you want to provide you services.**



**Your CHOICES will be written into the  
Person Centered Plan/Individual Program Plan (IPP).**



## WHO WILL HELP ME LIVE THE WAY THAT I WANT TO?

- Services DO NOT HAVE TO BE VENDORED by the Regional Center of Orange County
- Vendor rate of pay can be higher if it is necessary for you to get the kind of service that you need.
- One exception: your Financial Management Service must be vendored with RCOC.
- To protect your safety, people who provide your direct services must have a criminal background check. 



## HOW MUCH MONEY DO I GET TO LIVE ON?

**Your budget is based on how much money the Regional Center of Orange County spent on your services during the past 12 months.**

Monthly Budget			
	Income 1	Extra Income	Total monthly income
PROJECTED MONTHLY INCOME	€ 3,000.00	€ 3,000.00	€ 3,000.00
ACTUAL MONTHLY INCOME	€ 3,000.00	€ 3,000.00	€ 3,000.00
DIFFERENCE			
	€ 3,000.00	€ 3,000.00	€ 3,000.00
PROJECTED COST			
	€ 3,000.00	€ 3,000.00	€ 3,000.00
ACTUAL COST			
	€ 3,000.00	€ 3,000.00	€ 3,000.00
DIFFERENCE			
	€ 3,000.00	€ 3,000.00	€ 3,000.00
HOUSING			
Mortgage or rent	€ 60.00	€ 60.00	€ 10.00
Phone	€ 50.00	€ 180.00	€ 2.00
Electricity	€ 50.00	€ 48.00	€ -
Gas	€ 50.00	€ 48.00	€ -
Water and sewer	€ 50.00	€ 48.00	€ -
Cable	€ 50.00	€ 48.00	€ -
Waste removal	€ 50.00	€ 48.00	€ -
Insurance or repairs	€ 50.00	€ 48.00	€ -

**If your life is going to be different or something happens and things change in your life, your budget can be changed when your Person Centered Plan/IPP is changed.**

## HOW DO I DECIDE WHAT I NEED AND WHERE DO I FIND RESOURCES?

- You, a parent or a friend can be an unpaid “facilitator” to help make informed decisions about your individual budget  
OR
  - You can keep the RCOC service coordinator you already have, if you wish, and they can continue to assist and help you  
OR
  - an independent facilitator can be hired and paid for out of your budget.
- \*\*\* Any of these people can assist in locating and coordinating services and resources that match your Person Centered Plan/Individual Program Plan**

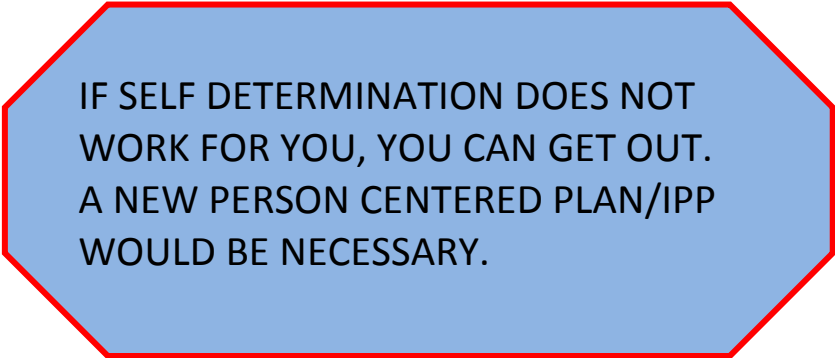




- It will be important to have enough money to pay for the services that you need throughout the year.
- Bills must be paid.
- A monthly record must be kept on how much money you have, what was spent and how much is left.
- **EVERYONE** must use a Financial Management Service. This service must be vendored by the regional center.



**WHAT IF YOU CHANGE YOUR MIND AND ARE NO  
LONGER  
INTERESTED IN SELF DETERMINATION?**



**IF SELF DETERMINATION DOES NOT  
WORK FOR YOU, YOU CAN GET OUT.  
A NEW PERSON CENTERED PLAN/IPP  
WOULD BE NECESSARY.**



**"Can I get back in?"**

**YES, if you change your mind.  
But if you change your mind  
again and want back into  
Self Determination, it will take  
a year and there would have  
to be an opening available.**

# **SELF DETERMINATION**



**IS YOUR  
CHOICE.**

**Remember, there are only 155 Regional Center of Orange County consumers who can be in this program now, but the more you know the better you will be prepared when your turn comes.**

**If you wish to be a part of this amazing new program, please tell your Service Coordinator to “MAKE A NOTE THAT I WANT TO BE CONSIDERED FOR THE SELF-DETERMINATION PROGRAM!”**