LIVING OPTIONS

PRESENTED TO
RCOC BOARD OF DIRECTORS
APRIL 4, 2019

Patrick Ruppe, Associate Executive Director
Jack Stanton, Associate Director, Housing
Leah Saitz, Supported & Independent Living Coordinator
Mark Antenucci, Independent Options
Jack Darakjian, Modern Support Services
COMMUNITY LIFE GUIDING PRINCIPLE

To live in the community is the preference of most individuals with developmental disabilities. However, inherent in this choice are risks. While affirming the dignity gained by the taking of risks, and the valuable learning provided by those opportunities, the Center is committed to the following:

- Individuals Served are in safe settings.
- Individuals Served have access to essential health services.
LIVING OPTIONS
GUIDING PRINCIPLES

- Individuals Served have choices on where and with whom they live.
- Services and supports are provided so that individuals served have choices on where and with whom they live, including owning or renting their own homes.
- Practices are driven in the system by culturally preferred choices.
- We believe that we should support families in keeping their children, both minors and those adults who choose to remain at home, as a priority for the allocation of limited Regional Center resources.
- Individuals Served live in homes where they receive love and nurturing and where they can form relationships.
- Families with children in out-of-home care receive the support necessary to remain involved in their children's lives.
FIRST STEP IN THE PROCESS

- The Individual Served and/or Family requests a change in living situation

- Referred to Guide to Living Arrangement
  
  One Page Description can help provide details on individuals needs
RONALD WILSON

What people like and admire about me

- I'm very intelligent and a talented writer
- I tell great jokes
- I'm a good parent to my cats
- I write blogs for and have received great reviews

How best to support me

- I don't want to feel like I'm being babysat so please treat me like a friend versus someone providing supervision
- Avoid topics surrounding politics and Game of Thrones as this can be a big trigger point
- If I start perseverating on Game of Thrones or politics, it means I'm stressed about something. Please give me space.
- While I enjoy surfing the web, please put a time constraint on it as I find information on the web that can trigger an outburst.
- I enjoy going to local coffee shops, swimming, writing, journaling, reading and hiking. Please encourage me to engage in these activities/hobbies.
- While out in the community and purchasing an item with cash, I may get anxious as I am unable to count change quickly. Please encourage me to take a receipt and count my change when I have more time.
- While I can complete most ADL's independently, I typically require a lot of reminders to complete a task.

What's important to me

- I need my own space—I don't like others touching my stuff
- It's important to me to feel heard
- I am very passionate about politics, however, this can be a trigger if we don't have the same viewpoints
- I love Game of Thrones, but please be careful as this may turn into a trigger for me
- I want to be independent and do things for myself
- Please don't do things for me but rather help me through the process
- I enjoy volunteering my time at my church
SECOND STEP IN THE PROCESS

- Service Coordinator consults with LORG (Living Options Resource Group) and or SIL (Supported Independent Living Group)
- Level of Care is assessed
THIRD STEP IN THE PROCESS

- Service Coordinator presents various living options to the Individual Served/Family
- Completes living options worksheet
  - Available on the RCOC Website

FOURTH STEP IN THE PROCESS

- Individual Served/Family visit, interview and select living option.
TYPES OF UNLICENSED LIVING OPTIONS

- Independent Living
- Supported Living
- Adult Family Home Agency (AFHA)
- Independent Living in the Family Home
LICENCED LIVING OPTIONS
Licensed adds additional State oversight on top of Regional Center

Department of Health Services
Department of Social Services/
Health Care Licensing (HCL)
Community Care Licensing (CCL)
Intermediate Care Facilities (ICF)

**ICF**
- ICFDD
- ICFDD-H
- ICFDD-N

**CCF**
- Level 2
- Level 3
- Level 4, A-I

Developmental Center/Locked Facility Homes: Adult Residential Facility for Persons with Special Health Needs (ARFPSHN); Specialized Residential Facility (SRF); Enhanced Behavioral Support Homes (EBSH)
PROS & CONS

- Both Licensed and Unlicensed options include Person Centered Planning

- Licensed models bring more restrictions, regulation compliance e.g., physical plant inspections, required postings and often owner operated (meaning you can be forced to move).

- Unlicensed models allow more privacy and individualized home decorating, not just bedroom. Individualized leases, your home.
### LIVING OPTIONS MONTHLY COST

<table>
<thead>
<tr>
<th>Sub Code</th>
<th>Description</th>
<th>DDS Monthly Rate</th>
<th>Prorated Monthly Rate</th>
<th>Monthly Supplemental Amount</th>
<th>(30.44 days) Prorated Supplemental Amount</th>
<th>(21 days) *Daily Respite Rate</th>
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<td>Level 1 (Basic Rate)</td>
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QUALITY ASSURANCE MONITORING

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<th>RCOC Responsibilities</th>
<th>CCF (Community Care Facility)</th>
<th>ICF (Intermediate Care Facility)</th>
<th>SL/ILS (Supported Independent Living)</th>
<th>AFHA (Adult Family Home Agency)</th>
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Other Licensing Involvement

- DSS, Department of Social Services for CCF’s
- DHS, Department of Health Services for ICF’s
LAST STEP IN THE PROCESS

A safe, appropriate living arrangement which has been selected by the Individual Served and/or family.