



# Dialogue

Volume 32 No.1  
Winter 2018



## In the Spotlight

### Danielle Guinn

**B**orn 24 weeks premature, Danielle Guinn was never expected to walk, speak, hear or see. Weighing just one pound, four ounces at birth, she spent the first six months of her life in the hospital's neonatal unit. And yet, this 25-year-old now does all those things, and so much more!

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*Danielle Guinn was never expected to walk, speak, hear or see.*

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“She’s a fighter!” said Danielle’s mother Lisa Guinn, who clearly admires her daughter’s courage and determination. However, credit for Danielle thriving as she has also goes to her mother, who has structured her life around making sure that her daughter’s needs are met.

Early on, Lisa made sure Danielle received the frequent occupational, physical, vision, and speech therapy she needed to address challenges arising from cerebral palsy, epilepsy, and a mild intellectual disability. She also shuttered a demanding family business, becoming a licensed vocational nurse (LVN) and supporting two other people with

developmental disabilities part-time so she would have the time and flexibility to devote to ensuring Danielle received proper care and an appropriate education. Knowing that her daughter was capable of learning more than her public middle school and high school programs offered, an appropriate education for Danielle ultimately involved home schooling.

Nancy Marley, who has been Danielle’s RCOC Service Coordinator since 2009, considers Lisa an amazing mom, and sees Danielle as both an inspiration and a role model.

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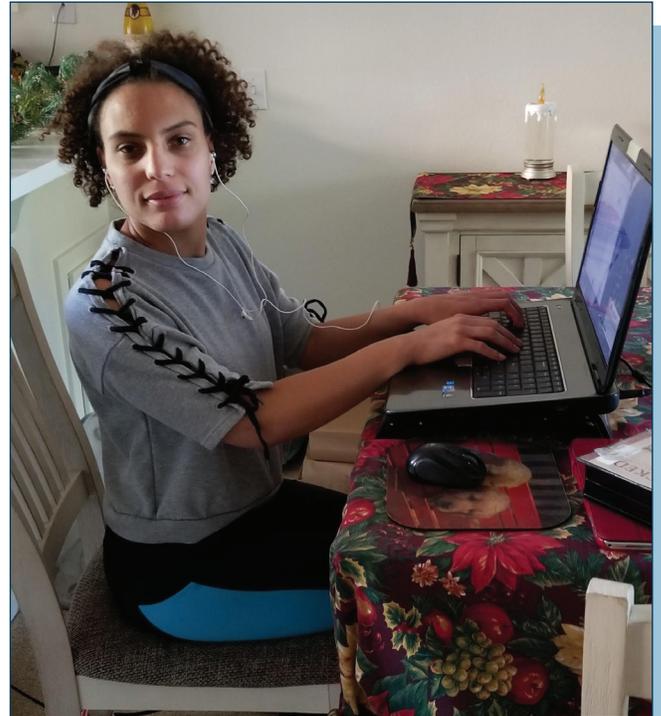
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***Prospective C2C students must submit an application and participate in an interview process.***

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“She has struggled,” said Nancy. “But she never complains and always has a positive attitude.”



Danielle practices her computer skills at home, as well as at her college’s computer lab.

Nancy also pointed out that while Danielle is humble and not at all boastful about her accomplishments, she is proud to have been accepted into the College to Career (C2C) program offered at North Orange County Continuing Education, which is part of the North Orange County Community College District. Because enrollment is limited, prospective C2C students must submit an application and participate in an interview process. The program, which runs from one to three years depending on the student’s course of study, includes educational and

See **Danielle Guinn** on page 7.

## Dialogue

*Dialogue* is published four times per year by the Regional Center of Orange County for people with developmental disabilities, their families and service providers.

*Dialogue* can also be read online at RCOC's website: [www.rcocdd.com](http://www.rcocdd.com).

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### Upcoming 2018 Board Meetings

March 1 • May 3 • June 7

The public is invited to attend RCOC board meetings. The meetings begin at 6 p.m. and are held in the Regional Center Board Room at RCOC's headquarters, located at 1525 North Tustin Avenue in Santa Ana.

### RCOC Administration

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## Emergency Readiness is Always a Priority

Though we often think of earthquakes as the most potentially dangerous natural disaster Californians can experience, the recent fires that devastated so many neighborhoods in our state are an important reminder that we all need to be prepared to cope with a variety of emergency situations.

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*We all need to be prepared to cope with a variety of emergency situations.*

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In recognition of that fact, emergency preparedness has for several years been addressed in the Individual Person-Centered Plan (IPP) of every person RCOC serves.

Planning teams assess a person's emergency needs and RCOC works with individuals and their caregivers on various components of preparedness. This includes thinking through both evacuation plans and plans for staying in place, if appropriate, as well as making sure adequate supplies of key items such as prescriptions and medical equipment on are hand, along with standards like water, non-perishable food, and a first aid kit. It also includes training on what to do in case of emergency, and ensuring that information about a person's special needs is available to assist first responders and others who may be called upon to help.



More recently, as part of Regional Center's embrace of person-centered thinking, service coordinators have begun incorporating current photos of people they serve into IPPs.

In addition to supporting our person-centered focus, having current photos of each person we serve can be invaluable to emergency personnel in the event of a natural disaster.

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*Having current photos of each person we serve can be invaluable to emergency personnel.*

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Families interested in learning more about emergency preparedness can find lots of helpful information on the American Red Cross "PrepareSoCal" website at [www.prepareocal.org/tips-and-tools/preparedness-checklists](http://www.prepareocal.org/tips-and-tools/preparedness-checklists).

It features checklists for various types of emergencies, and lots of tips for preparedness and items to have in your personal emergency preparedness kit.

## Executive Director's Report

### What Does a Person-Centered IPP Look Like?

By Larry Landauer, Executive Director

All of us at RCOC are excited about how our commitment to person-centered thinking and person-centered planning has the potential to take our Regional Center's service to people with developmental disabilities and their families to a whole new level.

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*A current photo is a simple, but meaningful, addition that emphasizes the individual as a person.*

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As you will read in the story that appears on page 6, we'll be rolling out a new IPP (Individual Program Plan) structure that is driven by our commitment to truly put the individuals we serve at the center of everything RCOC does. If you haven't undergone person-centered training, you might be wondering what a person-centered IPP looks like, and how it differs from the traditional IPP. After all, person-centered thinking and person-centered planning are not new terms. We and others have used these terms before to describe our efforts to place the person with disabilities at the center of the IPP process.

The most visible difference with the new IPP will be the one-page

description and photo that appear at the beginning of the document. Including a current photo is a simple, but meaningful, addition that emphasizes the individual as a person. The one-page description will, among



other things, speak to what's important to that person and the values they want to guide the planning team's efforts to meet their needs.

That might, for example, include the living situation they prefer, the people they want to spend time with, and daily routines that are important to their personal happiness. This is key because it provides context for planning team decisions, helping to ensure that the values of the person with disabilities are respected.

The new IPP will also sound more person-centered as Service Coordinators choose language that is clear, easy-to-understand, and focuses on the individual rather than labels. One simple, but high impact change is that the person's first name (rather than generic terms like "consumer" and "client") will be the preferred way to refer to the person served.

RCOC's embrace of person-centered thinking and planning represents a natural evolution toward a new paradigm. Decades ago, when the regional center system was created, the system followed a medical model in which people with developmental disabilities were viewed and treated as patients. Then, when the self-

determination movement took hold, we shifted to a consumer model that recognized the person with disabilities as central to the planning process.

With today's person-centered model, the Regional Center is in some ways reflecting broader societal trends toward ever-greater personalization of products and customization of services, as well as a focus at the State and Federal level on person directed services and informed choice.

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*The Regional Center is in some ways reflecting broader societal trends toward ever-greater personalization of products and customization of services.*

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The introduction of the new IPP and the new person-centered tools and techniques we're using are meant to encourage new ways of thinking about how we can meet people's needs and help them have better lives. So far, it seems to be working. I'm pleased to report that the feedback we've received from both individuals we serve and family members has been very encouraging.

Still, we know we have more to learn, and that becoming a thoroughly person-centered organization is a long-term process. With that in mind, I encourage you to share your impressions about the new IPP process with your Service Coordinator.

We all want to know what you think, and we are all listening!

## Person to Person

# 2018: A Year of Change and Moving Forward!

By Sylvia Delgado, PAC Chair & Jess Corey, RCOC Peer Advocate

Self-determination is a topic you'll hear a lot about in 2018. We also want you to know that we're working hard to make sure your voice is heard, since we know there has been a lot of frustration over the years it's taking California to roll out its self-determination pilot program.

Both of us think that self-determination can change lives dramatically and for the better! So, if you think you might want to participate, or just want to learn more about how it will work, be sure to attend one of the upcoming informational meetings (see shaded box).



Sylvia Delgado



Jess Corey

You can also sign up to receive email updates from RCOC at [www.rcocdd.com/services-provided-by-regional-center-of-orange-county/rcoc-self-determination-program-local-advisory-committee](http://www.rcocdd.com/services-provided-by-regional-center-of-orange-county/rcoc-self-determination-program-local-advisory-committee).

We have just 155 slots allocated for RCOC and you need to attend one of the informational meetings to be included in the Department of Developmental Services (DDS) lottery that will be used to randomly select 2,500 people statewide for the pilot.

The lengthy process of getting to this point with self-determination has taught Jess a lot about perseverance and patience, and that it is worth all of the effort that it takes. And while both Jess and Sylvia live self-determined lives right now, Sylvia is most excited about how self-determination will enable many people she knows to make their own personal choices

about how to spend the money that's budgeted for them. Some people she knows would want to get new high-tech devices or equipment to help them communicate better, while others might spend more on staff they've known for years, or on a place to live or on transportation.

In the end, though, we both believe that self-determination is not only about choices, it's also about hope. What a great way to start a new year!

## Self-Determination Program Informational Meetings

Meetings in multiple languages will take place through March to provide Orange County residents with information about California's Self-Determination Program. By attending one of these meetings, your name will be added to the DDS lottery list for participation. Please check the Monthly Calendar on RCOC's website for dates, times and locations. If you would like to attend, please RSVP by calling (714) 796-5181 or emailing [cfurukawa@rcocdd.com](mailto:cfurukawa@rcocdd.com).

*NOTE: Child care is not available, so please do not bring children to the meetings.*



## Behavior Management Workshops

**T**hese workshops are free for parents, and cover essential principles of positive behavior management, with a practical focus on helping parents of children with developmental disabilities change their own behavior and that of their children. Parents are actively involved, and invited to discuss the specific behavioral challenges they are confronting. To gain the most value from the experience, parents are encouraged to attend all sessions in a series, though toilet training is the focus of the last session. Advance reservations are required and group size is typically limited to 8-15 families. Contact your service coordinator or Tracy Vaughan at (714) 796-5223 for additional information, and to register.

**NOTE: Child care is not provided, so please do not bring children to the workshops.**

### Presented in Spanish by Footprints

**When:** Thursday evenings – May 3, May 10, May 17, May 24 and May 31  
**Time:** 6:30 – 9:00 p.m.  
**Location:** RCOE Cypress Office  
10803 Hope Street, Suite A

### Presented in English

**When:** Thursday evenings – Aug. 16, Aug. 23, Aug. 30, Sept. 6 and Sept. 13  
**Time:** 6:30 – 9:00 p.m.  
**Location:** RCOE Cypress Office  
10803 Hope Street, Suite A

## Moving on at 3...Transition Workshops for Parents

**E**very family with a child in Early Start receives transition services to help prepare for the changes that will take place when the child turns three years old and Early Start services end. Many parents say this support is invaluable in helping them understand the differences between Early Start and the school-based education services children with special needs receive from public school districts from the age of three through age 22. The upcoming workshops listed below are offered in English, however, interpreters for other languages can be provided upon request. For more information and to RSVP, please contact Patricia Garcia at (714) 558-5400 or pgarcia@rcocdd.com.

**NOTE: Child care is not provided, so please do not bring children to the workshops.**

### Wednesday, March 7

6:30 – 8:30 p.m.  
Early Childhood Learning Center  
1 Smoketree in Irvine

### Wednesday, May 16

9:30 – 11:30 a.m.  
Educational Learning Center  
Fullerton School District  
1401 W. Valencia Drive in Fullerton

## Everyday Wellness: Don't Eat Straight from the Bag

**I**t's easy to lose track of just how much food you're consuming when you eat straight out of the bag. This is especially true of snack foods, like crackers and chips. Simply putting that snack in a bowl or on a plate will give you a better idea of how much you're eating. Go the extra step of pre-measuring your snacks into portions, and you'll be well on your way to preventing overeating!



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## RCOC to Launch New, Person-Centered IPP Format

Imagine a new process for developing the Individual Program Plan (IPP) that would enable you and your RCOC planning team to gain a host of new insights about your family member with developmental disabilities and what is most important to that person.

According to many people who have experienced RCOC's new person-centered IPP process, that's exactly what the new process has yielded.

"I learned new things about my daughter," said Jennifer Waters' mother Phyllis Waters.

An outgrowth of the person-centered training that every RCOC staff member underwent in 2017, the person-centered IPP aims to make service coordination and service planning more individualized and more self-determined than ever before.

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***"I learned new things about my daughter."***

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Its centerpiece is a new one-page description that will be developed for virtually every person served by RCOC. A brief snapshot about the person, the description is intended to encapsulate not just the person's specific needs, but also their values and personal priorities.

"By better understanding what's important to each person we serve, we can better ensure that the services and supports people receive are truly improving their lives in meaningful

ways," said Patrick Ruppe, RCOC's Director of Services, Supports, and Community Development. "It can also help us to uncover service needs that weren't recognized previously, and can guide us in developing new and better ways of meeting individual and family needs."

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***The person-centered IPP aims to make service coordination and service planning more individualized and more self-determined than ever before.***

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The in-depth exploration involved in developing the one-page description makes the new IPP more time-consuming than the traditional process. However, feedback to RCOC has been overwhelmingly positive. In fact, Phyllis noted it was "the best meeting I have ever attended for Jennifer."

Pat Donato, who participated in the person-centered IPP for her sister Linda Donato, remarked that it was "a great way to learn about Linda." She also commented that it was "wonderful having those that know her the best share what they know."

Patrick emphasized that the new IPP, which is being rolled out this spring, will enhance – not replace – existing processes, many of which are mandated by law. He noted each person's IPP will continue to include all of the information and diagnostic

data currently in it – covering things such as circle of support, services and benefits received, living situation, health/medical condition, school or work status, emergency preparedness, and more.

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***The new IPP, which is being rolled out this spring, will enhance – not replace – existing processes.***

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However, in addition to the new one-page description, each IPP will also include a current photo for each person served. This is intended to help RCOC staff serving the person to see him or her as an individual, but it's also an important safety feature since a current photo can be invaluable to share with first responders should a person RCOC serves ever go missing, such as in the event of a natural disaster.

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***IPPs will continue to take place on the same schedule and with the same frequency as in the past.***

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RCOC Service Coordinators have been equipped with tools and techniques to help them facilitate the person-centered IPP, so individuals and families do not need to do anything different to prepare. IPPs will continue to take place on the same schedule and with the same frequency as in the past.

**Danielle Guinn**  
(continued from page 1)

vocational support related to student educational and employment goals, as well as job placement, and job support as needed.

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***She has already earned certifications in several computer software programs.***

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Danielle started the C2C program in January 2015 and is working toward her career goal of becoming an administrative assistant. She loves computers and is looking forward to working in an office. She has already earned certifications in several computer software programs, including Microsoft Excel, Word and PowerPoint.

Students in the C2C program may receive support ranging from assistance with coursework, access to adaptive technology, and support in study skills, to help with note taking strategies, and organizational techniques, for example. Currently,



Danielle works out regularly at her apartment building's gym and especially enjoys the elliptical machine.

Danielle has an educational coach who helps to clarify concepts and tasks in class, and who reads tests to her. Because of her physical challenges, she is also allowed more time to take some tests. She does homework and practices her skills in the school's computer lab at least twice a week, and records classes so she can replay them and study at home. She also receives RCOC-funded personal assistance from UCP of Orange County to get to and from school, and meets periodically with a C2C counselor who assesses her progress and support needs.

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***Danielle has an educational coach who helps to clarify concepts and tasks in class, and who reads tests to her.***

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While her favorite experience so far in the program was learning to use PowerPoint, Danielle is most proud of her performance with Excel. Though the coursework was very hard, she was able to score 100% and get an A+ in the class!

Danielle does not use a wheelchair, and is as active as her physical condition allows, working out regularly in the gym located within her apartment complex. However, the big steps on a typical OCTA bus are not manageable for her, so RCOC funds ACCESS service for her. Since she lives with her mother in Irvine, her roundtrip commute to the north Orange County campus runs between three and four hours, but Danielle takes it all in stride.



Danielle was excited to receive a Fitbit for Christmas this year.

“The distance can be a challenge, and there can be fears about travel,” said Lisa. “But you have to let loose of the apron strings.”

Lisa is thrilled to see how her daughter has blossomed through the C2C program, which challenges her and presents opportunities to grow, build confidence, and learn skills that can lead to a career in a typical workplace.

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***“I would like people to know that you can do more with your life.”***

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Excited about what her future holds, Danielle has simple, but encouraging advice for others served by RCOC who might be hesitant about pursuing their own dreams of a career: “I would like people to know that you can do more with your life,” she said.

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**Regional Center of Orange County Locations**

Santa Ana Office

1525 N. Tustin Avenue  
 24-hr Phone: (714) 796-5100

Cypress Office

10803 Hope Street, Suite A  
 24-hr Phone: (714) 796-2900

**RCOC Families Benefit from Holiday Events**

**A**round 600 low-income families served by RCOC enjoyed brighter holidays through the generosity of numerous individuals, community organizations and businesses that supported RCOC’s Wish Tree program and Comfort Connection Family Resource Center toy drive.

Wish Tree supporters included Troutman Sanders, AE COM, CASTO, Girl Scouts, Premier Healthcare Services, Brandman University, Co-America, and Golden State Foods, along with several individuals and RCOC employees.

The toy drive was made possible by The Giovannello Law Group, 24hr HomeCare, Accredited Respite Services, the Rod Steele Family of Anaheim and numerous members of Orange County’s Vietnamese community, including: Tam Nguyen (Advance Beauty College), Jayce Dung Yenson (Saigon City Market Place/Tay Ho), Sonny Nguyen (7 Leaves Cafe), Gary Nguyen (24/7 Cares), David Truong (Mimi’s Jewelry), Sean Lee (Purist Group), Vince Tien, and Xuan Quynh.





## Events and Activities in the Vietnamese Community

Regional Center of Orange County has prepared this insert especially for the individuals and families we serve who are most comfortable communicating in the Vietnamese language. These events, programs and activities are presented in Vietnamese and/or are geared specifically for those in Orange County's Vietnamese community. However, some are not funded or endorsed by RCOC and this information is provided as a courtesy. If you know of other opportunities you would like to share with others in the Vietnamese community, please contact RCOC Cultural Specialist Kaitlynn Truong at (714) 558-5405 or [ktuong@rcocdd.com](mailto:ktuong@rcocdd.com).

### RCOC to Launch New Parent Education and Training Effort

As part of its efforts to ensure that all individuals with developmental disabilities in Orange County receive the services and supports they need to thrive in the community, RCOC will soon be rolling out new parent education and training. Involving respected individuals and trusted organizations that are well-established among the county's non-English speaking communities, the new programs are aimed at generating greater awareness about RCOC as a private, non-profit organization and the types of services and supports it funds, as well as available generic resources such as Medi-Cal, Social Security, and more.

Several prospective service providers are now going through the process to become RCOC vendors, and some are expected to begin community outreach in early or mid-2018. Their programs, which are still being designed, are expected to be highly-individualized. However, it is expected that some will enlist parents of children with developmental disabilities to mentor others in small groups and on a one-to-one basis.

Additional information will be shared in future issues of *Dialogue*, on the RCOC website, and through RCOC's Comfort Connection Family Resource Center. Parents who may be interested in either accessing the new programs or participating as parent mentors can also contact their RCOC Service Coordinator.

#### Maximizing RCOC Services for Vietnamese Families

Please join us at this workshop to meet our staff, other parents, and learn what RCOC services are available for your child while enjoying delicious Vietnamese food. Contact: Kaitlynn Truong at (714) 558-5405 or [ktuong@rcocdd.com](mailto:ktuong@rcocdd.com) for more information.

**Saturday, March 24**  
10 a.m. – Noon  
Community Room  
Nguoi Viet Daily News  
14771 Moran Street in Westminster

#### Developmental Screenings Hosted by Family Support Network

If you have friends or family members with children who may have a developmental delay, please let them know that Vietnamese translation will be provided at these developmental screenings. Contact: Kaitlynn Truong at (714) 558-5405 or [ktuong@rcocdd.com](mailto:ktuong@rcocdd.com) for more information.

**Friday, March 23**  
8:30 – 10:30 a.m.  
Westminster Family Resource Center  
7200 Plaza Street in Westminster

**Friday, April 6**  
8:30 – 10:30 a.m.  
Center for Healthy Neighborhoods  
Richman Park  
320 W. Elm Street in Fullerton

**Friday, April 20**  
8:30 – 10:30 a.m.  
Prince of Peace  
1421 W. Ball Rd in Anaheim

**Friday, April 27**  
8:30 – 10:30 a.m.  
Jamboree Housing  
810 S. Minnie Street in Santa Ana

#### Life After High School Resource Fair

The goal of this resource fair is to provide students with disabilities and their parents with information regarding post-secondary options and transitional services for adults with disabilities. Contact: Dawn Tran Galazyn at (714) 663-6166 for information.

**Monday, February 26**  
6:00 – 8:00 p.m.  
La Quinta High School  
10372 McFadden Avenue  
in Westminster

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## Asian Pacific Islander Disability California (APIDC) Statewide Conference

Save the Date for this APIDC conference on **Friday, March 8 and Saturday, March 9, 2019**

Contact: Kaitlynn Truong at (714) 558-5405 or [ktruong@rcocdd.com](mailto:ktruong@rcocdd.com) for more information.

## Informational Meetings on Self-Determination Program

By attending one of these informational meetings, your name will be added to the DDS lottery list when the Self-Determination Program becomes available.

Contact: Cathy Furukawa at (714) 796-5181 or [cfurukawa@rcocdd.com](mailto:cfurukawa@rcocdd.com) for more information.

### Tuesday, February 27

6:30 – 8:00 p.m. at RCOC  
10803 Hope Street in Cypress.

*Vietnamese translation will be provided during this meeting.*

### Wednesday, March 7

6:00 – 7:30 p.m.  
and **Tuesday, March 27**  
10:00 – 11:30 a.m.

RCOC, 1525 N. Tustin Ave. in Santa Ana.

*Vietnamese translation during these two meetings is available upon request.*

## RCOC Vietnamese Staff Now Available at Westminster Community Service Center

Orange County Community Service Center Annex,  
15496 Magnolia Street in Westminster (corner of Magnolia and McFadden)

### First and third Thursday of the month.

Contact Kaitlynn Truong, RCOC Cultural Specialist, at (714) 558-5405 or [ktruong@rcocdd.com](mailto:ktruong@rcocdd.com) to make an appointment.

## Autism 101 Series in Vietnamese

This is a two-part educational series designed for Vietnamese speaking parents of children who are newly diagnosed with autism spectrum disorder (ASD). Cost is \$30 per session or \$55 for the series. Contact Kim Dieu at (949) 267-0499 or [centertraining1@uci.edu](mailto:centertraining1@uci.edu) for more information.

### Saturday, March 31 and Saturday, April 7

11:30 a.m. – 3:00 p.m.

The Center for Autism and Neurodevelopmental Disorders  
2500 Red Hill Avenue Suite 100 in Santa Ana

## Vietnamese Community Supports RCOC Toy Drive

Comfort Connection's Nickie Patton, Kathleen McFarlin and Kaitlynn Truong (pictured, L-R) selected hundreds of toys appropriate for children with developmental disabilities for RCOC's annual holiday toy drive. The toys were donated by generous members of Orange County's Vietnamese community, including: Tam Nguyen (Advance Beauty College), Jayce Dung Yenson (Saigon City Market Place/Tay Ho), Sonny Nguyen (7 Leaves Cafe), Gary Nguyen (24/7 Cares), David Truong (Mimi's Jewelry), Sean Lee (Purist Group), Vince Tien, and Xuan Quynh.





## Events and Activities in the Hispanic Community

Regional Center of Orange County has prepared this insert especially for the individuals and families we serve who are most comfortable communicating in Spanish. These events, programs and activities are presented in Spanish and/or are geared specifically for those in Orange County's Hispanic community. However, some are not funded or endorsed by RCOC and this information is provided as a courtesy. If you know of other opportunities you would like to share with other Spanish speakers, please contact RCOC Cultural Specialist Reina Hernandez at (714) 558-5406 or rhernandez@rcocdd.com.

### RCOC to Launch New Parent Education and Training Effort

As part of its efforts to ensure that all individuals with developmental disabilities in Orange County receive the services and supports they need to thrive in the community, RCOC will soon be rolling out new parent education and training. Involving respected individuals and trusted organizations that are well-established among the county's non-English speaking communities, the new programs are aimed at generating greater awareness about RCOC as a private, non-profit organization and the types of services and supports it funds, as well as available generic resources such as Medi-Cal, Social Security, and more.

Several prospective service providers are now going through the process to become RCOC vendors, and some are expected to begin community outreach in early or mid-2018. Their programs, which are still being designed, are expected to be highly-individualized. However, it is expected that some will enlist parents of children with developmental disabilities to mentor others in small groups and on a one-to-one basis.

Additional information will be shared in future issues of *Dialogue*, on the RCOC website, and through RCOC's Comfort Connection Family Resource Center. Parents who may be interested in either accessing the new programs or participating as parent mentors can also contact their RCOC Service Coordinator.

### IEP Classes Presented by Grupo De Autismo Angeles

The classes are for new or experienced families who want to learn more about Individualized Education Programs.

**First and second Friday of each month**  
401 N. Brookhurst St, Suite 208 in Anaheim.

### Diabetes Prevention

Prevention of Obesity and Diabetes through Education and Resources invites you to participate in a FREE six week series about Diabetes Prevention.

**Tuesday, February 20**  
Magnolia Park FRC  
11402 Magnolia Street in Garden Grove.

For more information, call (714) 530-7413.

### Family Literacy Program

Parents Education Class: This workshop series provides parent education on early literacy development for children ages 0-5.

**Meets every Thursday for seven weeks starting February 1,**  
Magnolia Park FRC  
11402 Magnolia Street in Garden Grove.

For more information please call (714) 786-8896.

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## Parent Support Groups for Spanish Speakers

Being part of a parent support group allows you to connect with other parents, who are knowledgeable and experienced. The groups listed below are for Spanish speaking parents in Orange County; they also offer a variety of support, allow you to participate in community activities, and perhaps most importantly, they provide a space for you to interact freely with other families. If you know of any other Spanish-speaking support groups, please let us know so we can share their information with others.

Nombre del grupo	Frecuencia de reunión	Contacto(s)	Dirección(es)	Horario
CHADD: TDAH Trastorno por déficit de atención con hiperactividad	El primer sábado del mes; exento los meses de julio y agosto	Coco Stanback Correo electrónico: chaddenespanol@gmail.com	HEART 4 KIDS CENTER: 145 W. Main Street Tustin, CA 92780 (En el segundo piso)	10:00 a.m. – 12:00 p.m.
Conexiones Educativas	El tercer viernes del mes	Cecilia Mercado: (714) 398-4710 Correo electrónico: Ceci.mercado@yahoo.com	Oficina SCDD: 2000 E. 4th St. #115 Santa Ana CA 92701	10:00 a.m. – 12:00 p.m.
Conexiones Educativas	El ultimo viernes del mes	Cecilia Mercado: (714) 398-4710 Correo electrónico: Ceci.mercado@yahoo.com	River Arena: 201 E. Broadway St. Anaheim CA 92805	10:00 a.m. – 12:00 p.m.
Conexiones Educativas	El segundo viernes del mes	Cecilia Mercado: (714) 398-4710 Correo electrónico: Ceci.mercado@yahoo.com	Misión Basflica: 31520 Camino Capistrano San Juan Capistrano CA 92675	10:00 a.m. – 12:00 p.m.
De Padre a Padre (FSN)	El tercer jueves del mes	Sara Lopez: (714) 558-1797	CHOC Children's Hospital: 1201 W. LaVeta Ave. Orange CA 92868 (Segundo piso, torre sur – en sala de conferencias C)	6:00 – 7:30 p.m.
Grupo de Autismo Ángeles	El primer sábado del mes	Alexa Hernandez: (714) 956-0362 Correo electrónico: Ahernandez@grupodeangeles.org	UCI Medical Center: 101 City Drive S. Orange CA 92868 (En el Auditorio Biblioteca que esta en el segundo piso sala de conferencia 22A-2107)	1:30 p.m.
La Familia (Padres y Amigos de Lesbianas y Homosexuales)	El cuarto sábado del mes	Steve Zamarripa Correo electrónico: decolorsoc@gmail.com	LGBT CENTER: 1605 N. Spurgeon St. Santa Ana CA 92701	2:00 – 5:00 p.m.
PUPA (Padres Unidos por el Autismo)	El segundo viernes del mes	Cesilia Ortiz: (562) 726-6488 Correo electrónico: padresunidosporelautismo08@yahoo.com	Bloom Behavioral Health: 701 W. Kimberly Ave. Placentia CA 92870	6:00 – 7:40 p.m.
Red de apoyo de epilepsia de OC	El segundo viernes del mes	Alexandra Morales: (714) 916-0456 Correo electrónico: amorales@esnoc.org <b>!Necesitas reservar tu espacio para asistir al grupo de apoyo!</b>	CHOC Children's Hospital Centro educativo Harold Wade Edificio 2, 2do piso, Edificio CHOC Oeste 1201 W. La Veta Orange CA 92868	7:00 p.m. – 8:30 p.m.
Síndrome de Down Grupo de Apoyo para padres	El primer jueves del mes	Alicia Sanchez: (714) 540-5794	DSAOC: 151 Kalmus Dr M-5 Costa Mesa, CA 92626	7:00 – 9:00 p.m.