

Recreation Resource Guide



Regional Center of Orange County
and
Comfort Connection Family Resource Center
801 Civic Center Drive West, Suite 100
Santa Ana, CA 92701
RCOC (714) 796-5100
CCFRC (714) 558-5400
www.rcocdd.com



Comfort Connection Family Resource Center

Dear Parent or Caregiver,

We realize that accessing various social recreational programs and services for your child with special needs requires planning. The following list of questions has been compiled by parents and professionals who understand some of the considerations and accommodations that may be necessary.

Whether you approach someone in person or inquire over the phone, it may be helpful to explain that the person you are inquiring for has special needs and you would like to ask a few questions about the program and/or services. By letting them know ahead of time, they may be a little more patient and give you the time that you need. We realize that all of these questions may not apply to your own situation and therefore we encourage you to ask questions that apply to your child's needs.

- Do you currently serve any individuals with physical or cognitive disabilities that you know of at this time?
- What is your teacher to student ratio for classes and/or activities offered?
- How is your staff trained on providing services for individuals with disabilities?
- Can you provide the additional support my child needs i.e. toileting, feeding?
(Feel free to share examples of any specific assistance needed.)

For additional resource information, please contact Comfort Connection Family Resource Center at (714) 558-5400.

Recreation Resource Guide

Table of Contents

Recreation	Page 1-5
Social Opportunities	Page 6-8
The Arts	Page 8-10
Camps	Page 10-11
Outside of Orange County	Page 11-12
City Park and Recreation	Page 13-15

This guide was updated in February of 2008. If there are any changes, please contact Jacqui Kerze at (714) 796-5299.

Recreation Resource Guide

Recreation Opportunities

Access To Sailing

Phone: (562) 901-9999

Website: www.accesstosailing.org

Address: 423 E. Shoreline Village Dr., Long Beach, 90802

Description: Access to sailing provides therapeutic rehabilitation to children and adults with disabilities through interactive sailing outings.

Aliso Viejo Ice Palace

Phone: (949) 643-9648

Website: www.alisoviejoicepalace.com

Address: 9 Journey, Aliso Viejo, CA 92656

Description: Ice Skating, hockey and special events for all.

American Youth Soccer Organization (A.Y.S.O.)

Phone: (800) 872-2976

Website: www.soccer.org

Address: Varies-refer to website

Description: Very Important Player (V.I.P.) program provides quality soccer experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams.

Anaheim Therapeutic Recreation Center

Phone: (714) 821-6510

Website: www.anaheim.net

Address: 2660 W. Broadway, Anaheim, CA 92804

Description: The ATRC provides a variety of recreational activities including field trips, bowling, swimming, theatre and Special Olympics training. Ages 5 up.

Basketball - Shooting Stars Basketball League for Youth with Special Needs

Contact: City of Huntington Beach Community Services Department

Description: For Boys and Girls ages 6-21. League includes 6 weeks of instructional play and supervised games. Team shirts and awards for all players.

Basketball - Hoopstars Basketball

Contact: Robin Preston via email hoopstarsbb@adelphia.net

Website: www.hoopstarsbb.com

Description: The Hoopstars Basketball League was created to provide a social environment for children and adults with challenges, to participate on basketball teams in a way that instills a sense of accomplishment, teamwork, and competition, so that they have an opportunity to learn the game, increase physical activity, and enhance their self esteem.

Big Fun Gymnastics

Phone: (310) 837-7849

Website: www.bigfungymnastics.com

Address: call for location near you

Description: Gymnastics and therapy services offered to children of all ages with any disability. Other Big Fun programs include indoor soccer, martial arts, roller blading and biking.

Bowling Leagues at Saddleback Lanes

Phone: (949) 586-5300

Website: www.bowlsaddleback.com

Address: 25402 Marguerite Parkway, Mission Viejo

Description: Adaptive weekly bowling leagues for all disabilities ages 6-21 during the months of June, July and August.

California Gymnastics

Contact: Jennifer Lang

Phone: (714) 633-6084

Website: Under Construction

Address: 1095 N. Main St, Orange, CA 92667

Description: Recreational gymnastics for children 3 to 12 years old in a fun, encouraging environment for children.

Casa Colina Centers for Rehabilitation Outdoor Adventures

Phone: (909) 596-7733, ext. 2200

Website: www.casacolina.org

Address: 255 East Bonita Ave., Pomona

Description: Outdoor recreational activities for individuals with disabilities. Age depends on specific trip and ability level. Activities include hand cycling, scuba diving, skydiving, fishing, surfing, kayaking, water skiing, jet skiing, camping, rock climbing.

Challenger Division of Little League Baseball

Phone: Call (909)887-6444 Western Region Headquarters for a Challenger Team near you

Website: www.littleleague.org/divisions/challenger.asp

Address: various team locations

Description: Girls and boys of all disabilities play baseball. Ages 5 to 18 or completion of high school.

Challenger (Pop Warner) Football and Cheer

Phone: (714) 687-5089 & [for Huntington Beach] (714) 964-7812

Websites: www.popwarneroec.com & www.hbpwf.org

Email: president@hbpwf.org or paulloflin@earthlink.net

Description: Pop Warner sanctioned flag football and cheerleading for developmentally disabled children ages 6-15 years. Players get a jersey, cheerleaders receive a uniform and all kids get a trophy. Cities participating: Cypress; Fullerton; Huntington Beach; Lakewood; Long Beach; Pasadena; Tustin; Santa Ana; Santa Margarita; South Coast (San Clemente).

City of Irvine Disability Services Recreation

Phone: (949) 724-6637

Website: www.irvinedisabilityservices.org

Address: Call for location near you

Description: Sports leagues-participate in various sports in 4 week sessions for ages 7-12.

Garden Grove Sports and Recreation Center

Phone: (714) 889-5782

Websites: www.ci.gardengrove.ca.us

Address: 13641 Deodara Drive, Garden Grove

Description: Sports leagues-participate in various sports in 4 week sessions for ages 7-12.

Ice Skating at Yorba Linda Ice Palace

Phone: (714) 692-8776, ext 21

Website: www.ylicepalace.com

Address: 23641 La Palma, Yorba Linda

Description: Ice Skating for individuals ages 4 and older of all disabilities. No charge for disabled M-F 10 AM-12 noon, except during summer. Reservations needed.

Irvine Little League, Challenger Division

Contact: Pat Guinet, NWLL President

Website: www.nwllbaseball.com

Karate For All

Phone: (949) 293-4430

Website: www.karateforall.org

Address: Children's Hospital of Orange County (CHOC)

455 S. Main Street, Orange 92868

Description: This is a program developed specifically for children with special needs, ages 4-18 years old. The basics of self-defensive techniques are taught including kicking, punching, and blocking, thereby providing benefits in gross motor, sensory, cognitive and psychosocial functioning. Wayne Centra, MOTR/L, is the instructor with over 20 years of martial arts experience and a black belt degree.

Kingpin Bowling League at Irvine Lanes

Phone: (949) 724-6637

Website: www.irvinedisabilityservices.org

Address: 3415 Michelson Drive, Irvine

Description: Adaptive bowling for all disabilities ages 6 and older. Two sessions: Feb. - June and Sept.-Dec.

Koala Swim School

Contact: Kenneth Martinez

Phone (714) 241-1131

Description: Swim lessons are offered in the form of private, semi-private or group. They also have Mommy and me classes as well as exercise opportunities.

Instructors are WSI certified and sanctioned by American Red Cross.

Laguna Niguel Girls Softball

Phone: (949) 495-4972

Website: <http://www.lngs.org/>

Address: Laguna Hills Middle School, Laguna Niguel

Description: Softball Program for mentally and/or physically challenged girls, ages approximately 10-20.

Laura's Water Otters

Phone: (949) 533-1141

Email: amptherapies@cox.net

Website: <http://members.cox.net/amptherapies>

Address: Foothill Ranch

Description: Therapeutic swimming lessons taught by Laura Stutz, Pediatric Occupational Therapist, having particular experience with children having sensory integration dysfunction. Both typical children and children with special needs are welcome.

Manely Friends

Phone: (714) 777-9095

Website: pettime@pcmagic.net

Address: 18461 Shady Knoll, Yorba Linda

Description: Recreational activities combined with therapeutic horseback riding for children with special needs.

Miracle League of Orange County

Phone: (714) 671-4080 or (626) 856-4118

E-mail: bestrada@bpace.k12.ca.us

Website: www.miracleleague.net

Description: Gives children and adults with physical and mental disabilities the opportunity to play baseball. Minimum age to play is 5 years old. Financial aid is provided if not able to pay for tuition and no one is turned away.

New Directions Holiday and Vacation Travel

Phone: 1-(800) 967-2841

Website: www.newdirectionstravel.com

Address: 5276 Hollister Ave., Suite 207, Santa Barbara

Description: Holiday and Vacation Travel offered to people ages 13 and older with all disabilities.

Orange County Marine Institute

Phone: (949) 496-2274

Website: www.ocean_institute.org

Address: 24200 Dana Point Harbor Drive, Dana Point, CA 92624

Description: Educational and recreational cruises offered to the public.

Power Play MD OC/Pediatric Weight Management

Phone: 1-877-lean kids (532-6543)

Website: www.leankids.net

Address: Batavia Woods Medical Center 805 W. La Vita Ave., Suite 207, Orange, CA 92868

Description: Fully staffed facility for ages 4-19. They offer 8-week, intensive programs that run through the year. Bilingual.

R.A.D. (Recreational Advancement & Development)

Phone: (949) 221-0126

Website: www.ask4aba.com

Address: 2082 Business Center Drive, Suite 255, Irvine 92612

Description: Recreational program created by Autism Solutions for Kids, Inc. 5-week sessions are held at Irvine's Heritage Park, for children, ages 4-10. diagnosed with autism or on the autistic spectrum; all levels of ability accepted. Group size is typically 4-6 children, but each child has 1:1 assistance.

Rancho Santa Margarita Soccer Club- TOP Soccer

Phone: (949) 858-3241

Website: www.rsmssc.com

Address: Rancho Santa Margarita

Description: A national soccer program for children ages 4-14 without significant physical disability as games are played on regular soccer fields.

Ride Your Horse! Therapeutic Riding Program

Phone: (714) 292-3563

Website: www.rideyourhorse.com

Address: Anaheim Equestrian Center, 1370 S. Sanderson Ave., Anaheim, CA 92806 *Description:* Provides lessons for ages 3 to adults. The goal is to promote self-growth of a child and/or adult through the interaction with a loving horse.

RIO/Sandpiper Swim School

Phone: (714) 532-3916

Website: www.rio-rehab.com/menu_aq.htm

Address: 1800 E. La Veta, Orange, CA 92866

Description: Experienced, certified instructors help people with special needs of all types, ages six months and older, learn water adjustment, water safety, and swimming. Parent and baby classes, group lessons and open swim time are available.

Shea Therapeutic Riding Center

Phone: (949) 240-8441

Website: www.sheacenter.org

Address: 26284 Oso Road, San Juan Capistrano, CA 92675

Description: Full-time program of adaptive and therapeutic horseback riding for ages two and older with all disabilities.

Special Olympics- Orange County Division

Phone: (714) 564-8374

Website: www.sosc.org

Address: 2080 N. Tustin Ave., Santa Ana

Description: Year-round sports training and athletic competition for people ages 8-80. Programs are offered to either those with only intellectual disability or to those with both intellectual and physical disability.

Spirit League

Phone: (949) 498-2340

Website: www.spiritleague.org

Address: Parks in South Orange County

Description: Sports for elementary through middle school aged children who are ambulatory and have the emotional ability to participate but have difficulty keeping up with their peers. Soccer, basketball and softball are offered at different times throughout the year.

S.T.A.R. Program at Boys and Girls Club of Tustin

Phone: (714) 838-5223

Website: www.bgctustin.org

Address: 580 W. 6th Street, Tustin 92780

Description: Includes children ages 5-18 with and without disabilities in recreation, sports, art, education and other activities.

Swimming by Joelle

Contact: Joelle at (949) 650-8760

Location: Your pool or Joelle's pool.

Description: Joelle has over 15 years of experience. Certified with American Red Cross. Class times vary

Therapeutic Riding Center of Huntington Beach

Phone: (714) 969-8846

Website: www.Trchb.com

Address: Classes held at Huntington Central Park Equestrian Center: 18381 Goldenwest Street, Huntington Beach

Description: Adaptive Horseback riding lessons offered to ages four and older of most disabilities.

Tustin Eastern Little League, Challenger Division

Contact: Kelly Curran

E-mail: Kcurran@sycr.com

Us Too Gymnastics

Phone: (949) 716-1970

Website: www.UsTooGymnastics.org

Address: 25 Spectrum Pointe Drive, Suite 405, Lake Forest, CA 92630

Description: Dedicated to teaching gymnastics to children with high-functioning disabilities by providing a safe place for social interaction and physical activity, and building of parent support groups.

US Youth Soccer/TOP Soccer

Phone: (714) 524-3354 Sandy Castillo, CalSouth TOPSoccer Chairperson

Description: soccer for all ages

Waterworks Aquatics

Phone: (949) 450-0777

Website: www.aterworksswim.com

Address: 25 Waterworks Way, Irvine, 92618

Wheelchair Tennis - Dee Henry, Coach

Phone: (562) 944-0351, ext. 5931

Website: www.biola.edu/tennis

Address: Biola University, La Mirada

Description: Dee Henry, Biola tennis coach, has had experience working with a number of wheelchair users, helping them to experience the game of tennis. A wheelchair tennis program exists at this college (check out website), as well as Ms. Henry being available for individual lessons. Appropriate for individuals age 10 and older.

Yoga at the Children's Therapy Center

Phone: (714) 892-6828

Website: www.thechildrenstherapycenter.com

Address: 12881 Knott St., Ste 103, Garden Grove

Description: Inclusive yoga classes promote flexibility, strength, balance, posture, and concentration for ages five and older.

Yoga and Enrichment

Phone: (949) 689-7718

Email: check back for updated contact information

Address: Costa Mesa

Description: One-on-one yoga and breathing is for ages 3 – 60, all abilities. Students will move, focus and relax with structure and deliberation, without judgment.

Yorba Linda Bowl-Super Sport

Contact: Butch Hesketh

Phone: (714) 777-3818

Website: Yorbalindabowl.com

Address: 18171 Imperial Hwy., Yorba Linda, CA 92886

Description: Bowling league for individuals with special needs.

Social Opportunities

4-H Youth Development Program

Phone: (714) 708-1612 (UC Co-Op Extension)

Website: www.oc4h.org

Address: 1045 Arlington Dr., Gate #4, Costa Mesa

Description: Outdoor activities, animal science, arts and crafts, cooking and woodworking activities are offered to children ages 5-19 of any disability. Call for a club near you.

Best Buddies

Phone: 1-800-89BUDDY 1-800-892-8339

Website: www.bestbuddies.org

Address: check website or call for location near you

Description: International organization designed to enhance the lives of people ages 12 and older, with intellectual disabilities by providing opportunities for one-to-one friendships, integrated employment, and various recreational activities.

Boy Scouts of America

Phone: (714) 546-4990

Website: www.scouting.org

Address: Troops offered in various locations

Description: Inclusive Troops are offered to boys ages 7-17.

Boys and Girls Clubs

Phone: (714) 530-0430

Website: www.bgca.org

Address: call for location near you

Description: trained Youth Development Professionals provide kids with health and life skills, the arts, sports, fitness and recreation, and specialized programs. Staff works closely with parents of any disabled child, ages kindergarten through high school, to help program work for the child.

Camp Fire USA

Phone: (714) 838-9991

Website: www.campfireusaoc.org

Address: 14742 Plaza Dr., Tustin, CA 92780; Groups offered in various locations

Description: Inclusive co-educational activities for youth from Kindergarten through High School are provided. They also train teens for the Special Sitters Program affiliated with UCPA of Orange County.

Circle of Friends

Phone: (949) 707-2692

Website: www.ci.laguna-hills.ca.us

Address: 25555 Alicia Pkwy, Laguna Hills, CA 92653

Description: Monthly dances and social activities for young adults ages 13 and older, with all disabilities.

City of Irvine Disability Services Recreation

Phone: (949) 724-6637

Website: www.irvinedisabilityservices.org

Address: 20 Lake Road, Irvine

Description: Various themed dances every other month for ages 16 and older; movies held every month with a trade off between matinee/lunch and dinner/movie for ages 18 and older; various themed dances every other month for ages 16 and older.

Dance For Adults By The City of Placentia

Phone: (714) 993-8232

Website: www.placentia.org

Address: 201 N. Bradford, Placentia

Description: Dance designed for individuals with special needs, ages 18 and up. Supervision, snacks and drinks are provided at all dances held the 2nd Friday of every month (subject to change) from 7 to 9:30 p.m.

Dance For Adults With Disabilities By The City of Fountain Valley

Phone: (714) 964-6435

Address: 16400 Brookhurst (Brookurst and Heil)

Description: Dancing for adults with disabilities at the Fountain Valley Recreation Center presented by the City of Fountain Valley. Dance is every other month from 7 to 9 p.m. Tickets are \$1.00 each which includes snacks and a door prize raffle.

Epilepsy Alliance of Orange County

Phone: (714) 557-0202

Address: 1500 Adams Ave., Suite 314, Costa Mesa, 92626

Description: Teen club at Irvine Congregational Church at 4915 Alton Parkway, Irvine, 92604. Meets the 4th Friday of every month. Social skills building program along with music therapy for teens 13 to 19 years old

The Friendship Circle

Phone: (949) 721-9800

Website: www.friendshipcircleoc.org

Address: 3412 Via Oporto, Newport Beach, CA 92663

Description: The Friendship Circle extends a helping hand to families who have children with special needs and involves them in a full range of social experiences. The Circle's unique formula introduces teenage volunteers to the children, and through shared experiences both are enriched. The Program includes: Friends at Home, Sunday Circle, Fairs and Festivals.

Girl Scouts

Phone: (714) 979-7900

Website: www.gscoc.com

Address: Troops offered in various locations

Description: Inclusive Troops throughout Orange County are offered to girls ages 5-17. High School Helpers available; those girls have taken Awareness Aid Training and can help Girl Scouts with special needs.

Integrity House

Phone: (714) 542-0855

Website: www.integrity-house.org

Address: 2043 N. Broadway, Santa Ana, CA 92706

Description: A clubhouse committed to serving the social, independent living and housing needs of adults with cognitive disabilities.

Life Step Foundation

Phone: 1-800-369-8931

Website: www.lifestepfoundation.org

Address: 21231 Hawthorne Blvd., Torrance

Description: Social club provide opportunities for members to make friends. All disabilities and ages welcome.

Lighthouse Group through Coast Hills Church

Contact: Randy Larson, Founder

Phone: (949) 831-2748

Address: call for meeting locations

Description: Young Adults with any disability, ages 14 to 25 meet once a week and do various activities

Project Independence

Contact: Kristin Landucci

Phone: (714) 549-3464 ext. 239

Website: www.proindependence.org

Address: 3505 Cadillac, Suite P-101, Costa Mesa, CA 92626

Description: Access To Adventure program offers recreation activities that challenge, excite and entertain at an affordable price.

Tuesday Night Together at First Presbyterian Church of Orange

Phone: (714) 238-9215

Website: www.firstpresorange.org

Address: 191 North Orange, Orange, CA 92868

Description: TNT is a Bible fellowship geared to the developmentally disabled from ages 18 and older. We provide dinner and drinks for \$4.00. We have a Bible Story, crafts, game nights and field trips.

Vocational Visions

Contact: Debbie Watkins

Phone: (949) 837-7280 ext. 252

Website: www.vocationalvisions.org

Address: 26041 Pala, Mission Viejo, CA 92691

Description: Club house for young adults 18 and up.

Walkers & Wheelers

Phone: (714) 456-2295

Website: none

Address: UCI Medical Center, 101 The City Drive, Irvine Rooms 2105/2105

Description: This program helps children and youth of all disabilities achieve their maximum potential and learn to contribute confidently to their community and world through fun activities and outings. Ages 8 and up.

YMCA New Horizons

Phone: (714) 838-0181

Website: www.ymcaoc.org

Address: 1633 E. 4th St, Suite 184, Santa Ana, CA 92701

Description: Social Recreation Program for people ages 6-60 with high functioning developmental disabilities. Staff members speak Spanish. RCOC Vendor # H04329. Service Code 525.

Young Life's High Rollers

Email: YLHighRollers@yahoo.com

Website: <http://HighRollers.YoungLife.org>

Mailing Address: 3912 Calle Ariana, San Clemente, CA 92672

Location: Laguna Hills Community Center: 25555 Alicia Parkway, Laguna Hills, CA 92653

Description: High Rollers is a special needs branch of Young Life a non-profit Christian outreach group for young people. We serve people with all types of developmental and physical disabilities aging from Jr. High through college. We meet weekly for "club" where we sing songs, play fun games, and hear a message from the Bible. We also have monthly activities ranging from dances, to movie nights, Bible studies and more. We have a week long summer camp as well as a weekend fall camp that you don't want to miss out on! Join us for fun, friends, and fellowship!

The Arts

City of Irvine Disability Services

Phone: (949) 724-6637

Website: www.irvinedisabilityservices.org

Address: Call for location near you

Description: Arts and Crafts - Create fun art projects for ages 12 and older.

Community Theatre at Cypress Civics Theatre

Phone: (714) 229-6796

Website: none

Address: Cypress Civics Theatre, Cypress, 90630

Description: Theatre involvement for people with and without disabilities, ages 6 and older.

Creative Identity

Phone: (714) 527-2508

Website: www.creativeidentity.org

Address: 2580 W. Orange, Anaheim

Description: A non-profit day care program for adults, 18 and over, specializing in expressive arts, music therapy and ceramics, including life skills.

Dance Emotion

Phone: (949) 552-9353

E-mail: archer@danceemotion.com

Website: www.danceemotionsusa.com

Address: 14988 Sand Canyon Ave., Suite 3, Irvine, 92618

Description: A positive, safe and creative place for children of all ages and all disabilities to learn about life through dance.

Jennifer Bobo Piano Lessons

Phone: (949) 552-8512

Website: jenbobo@yahoo.com

Address: n/a

Description: Teach ages 5 to adults, focusing on performance. She travels to your home.

Mobile Music Therapy Services of O.C.

Phone: (714) 534-2855

E-mail: annmiraadler@sbcglobal.net

Address: 13171 Commonwealth, Garden Grove, CA 92840

Music Ed 4 U

Phone: (949) 246-5815

Website: www.musiced4uinc.com

Address: 7 Sable wood Circle - Ladera Ranch, 92694

Description: Specializes in teaching music to all ages at their individual level.

Music For Special Students

Phone: (714) 222-5079

E-mail: hallmanrfun@verizon.net

Address: 12671 Buaro St., Garden Grove, 92840

Description: Beginning band for students with no musical experience, they are taught how to read music and play an instrument. The group meets every Wednesday @ 3:30 p.m. at Village Bible Church in Garden Grove. Need to call for a consultation.

Music Matters

Phone: (949) 251-1191

Description: Maryann Reall, music teacher and vocalist, offers music, movement and creative enrichment for children with Down syndrome, ages 4 – 16. Program available on-site throughout Orange County.

Music Therapy Services of O.C.

Phone: (714) 348-4248

Website: www.ocmusictherapy.com

Address: 1929 Main St., Suite 103, Irvine, CA 92614

Description: Music enhances every area of therapy to help the client achieve better behavioral, social, emotional, sensory, communication support while reaching their individual goals and objective.

Orange County Performing Arts Center

Phone: (714) 556-2787

Website: www.ocpac.org

Address: 600 Town Center Drive, Costa Mesa, CA 92626

Description: Broadway Shows, ballet, symphonies, opera, choral performances, jazz and cabaret and children's programs.

Orange County Therapeutic Art Center

Phone: (714) 547-5468

Website: www.occtac.org

Address: 208 N. Broadway, Santa Ana

Description: Children ages 1-12 of all disabilities can learn art, keyboard, guitar, violin, harp, singing, hip-hop dancing and movement. Visually impaired students can learn piano through a specialized program.

Performing and Visual Arts Workshops

Phone: (562) 982-0247

Website: www.artsnservices.org

Address: 3962 Studebaker Road, Ste 206, Long Beach

Description: These workshops, provided through Arts and Services for Disabled, is a day program for developmentally disabled adults. Drama and Visual Arts classes are held on Saturday. Workshops are designed to meet the needs of individuals who want to improve their creativity and artistry and who have difficulty participating in available community services.

Talented Education Center

Phone: (949) 261-2822

Website: www.got2twinkle.com

Address: 2691 Richter, Ste 200, Irvine

Description: Adapted violin and Kindermusik classes are taught to people of all abilities and ages.

Taylor Music Therapy

Phone: (949) 735-5983

E-mail: taylormusictherapy@yahoo.com

Very Special Arts of Orange County

Phone: (714) 966-4303

Website: *under construction*

Address: P.O. Box 9050, Costa Mesa 92628

Description: Orange County Department of Education sponsors an annual event showcasing the talents of individuals of all ages with all disabilities through hands on workshops and visual arts exhibits.

Vocal Lessons

Contact: JoAnn Quak, B.A. MT-BC

Phone: (714) 543-3121

Description: Vocal lessons for individuals with special needs. Personalized program for each student.

Camps

There are many camps available and we recommend you visit www.acacamps.org

Camp Lee Mar

Phone: (570) 685-7188

Website: www.leemar.com

Description: Camp Lee Mar was founded in 1953 and is a special camp for special kids located in Lackawaxen, Pennsylvania. Age range is between 5 and 21. Campers enjoy all the fun activities of a summer camp such as swimming, baseball, football, basketball, drama, hikes, nature study, arts and crafts, dancing, movies, campfires, painting, music and more. Special programs and teaching methods are incorporated into the Camp Lee Mar experience that emphasizes academics, speech and language therapy and vocational preparation.

Camp Nugget

Phone: (562) 985-7969

Website: www.csulb.edu/programs/apa (go to summer link on site)

Address: California State University, Long Beach

Department of Kinesiology and Physical Education

1250 Bellflower Ave.

Long Beach, CA 90840

Description: Camp Nugget is a summer day camp program for children with special needs and disabilities. The camp provides activities in swimming, sports and games, fitness, relaxation and breathing exercises. Age range is 5-12 years of age.

Camp Paivika, with Ability First

Phone: (909) 338-1102

Website: www.abilityfirst.org

Address: Crestline, CA

Description: Residential camp of 7-8 days for people ages 7-70 of all disabilities. Located in Crestline, this camp offers arts and crafts, swimming, horseback riding, and other camp activities.

Camp Scherman

Phone: (714) 979-7900, ext. 353

Website: www.gscoc.org

Address: near Lake Hemet, CA

Description: Whether your daughter is a Girl Scout or not, she can enjoy this resident camp and experience horseback riding, horse care, archery, camp songs and food, and much more. Awareness Aides are available but girls must be able to take care of own toileting, bathing and feeding. For girls in grades 1-12.

Camp TLC

Phone: (714) 854-7762, Family Support Network

Email: fsnca@sbcglobal.net

Website: www.familysupportnetwork.ca.com

Description: Camp TLC is for the entire family. To be eligible for camp your child with special needs must be under 6 years of age. The child must be experiencing a significant long-term medical condition or is receiving special education services from a school district or Regional Center of Orange County

Easter Seals- Southern California Region

Phone: (800) 922-7325

Website: www.easter-seals.org

Address: check website for location near you

Description: Day and residential camp sessions, as well as weekend and after-school programs, are available to people of all ages and disabilities.

Special Camp for Special Kids

Phone: (949) 661-0108

Website: www.specialcamp.org

Address: 31641 La Novia Ave., San Juan Capistrano, CA 92653

Description: Summer Day Camp with community excursions for youth ages 6 to 21 with all disabilities. One-to-one camper to counselor ratio.

Outside of Orange County

Epilepsy Foundation, Greater Los Angeles

Phone: (800) 564-0445 or (310) 670-2870

Address: 577 W. Century Blvd., Suite 820, Los Angeles, 90045

Description: Teen Retreat-One week in the San Bernardino Mountains for teens with Epilepsy between 12 and 19 years old. June 22-28, 2008. Winter Retreat For Adults-Recreational weekend for adults with Epilepsy November 30 to December 2, 2008.

Jay Nolan Community Services

Phone: (818) 361-6400

Website: www.jaynolan.org

Address: 15501 San Fernando Mission Blvd., Mission Hills, CA 91346

Description: Provide support to individuals with developmental disabilities including supported living, supported employment and family support. Summer camp for individuals 8-15 years old.

Joni & Friends Ministries (JAF)

Contact: Jen Stebbins

Phone: (818) 707-5664 ext 1774

Website: www.joniandfriends.org

Address: P.O. Box 3333, Agoura Hills, CA 91301

Description: Please visit for current programs which include outreach to churches and wheelchair donations.

U.S. Adaptive Recreation Center

Phone: (909) 584-0269

Website: www.usarc.org

Address: 4301 Goldmine Drive, Big Bear Lake, CA 92315

Description: People of all types of cognitive and physical disabilities can enjoy snow skiing, water skiing, kayaking, sailing, fishing, off-road wheelchair and camping, using a variety of modified and standard equipment. A skilled staff of recreation therapists, lifeguards, licensed boat operators, and expertly trained volunteers safely introduce these to participants ages 5 and older.

San Diego Department of Therapeutic Recreation Services

Phone: (619) 525-8247

Website: www.sandiego.gov/park-and-recreation/activities/dsa/shtml

Address: 3325 Zoo Drive, San Diego, CA 92101

Description: Recreational activities throughout San Diego for all ages and disabilities include water, snow, wheelchair, and handcycle sports, community excursions, crafts, dances, bowling, and many other activities scheduled throughout the year.

Perceptual Motor Development Clinic (PMDC) at CSULB

Phone: (562)985-7969

Website: www.csulb.edu/programs/apa/

Address: 1250 Bellflower Blvd

Description: Provides positive health-related physical fitness, fundamental skills, cooperative games, and sport experiences for children with special needs and disabilities, ages 5-12. Program offered after school during school year and in the month of July in the mornings.

This information was updated as of February of 2008. If there are any changes, please contact Jacqui Kerze at (714) 796-5299.

City Park And Recreation Contact Information
As of 2/1/2008

<i>City</i>	<i>Address</i>	<i>Phone Number</i>
Aliso Viejo www.cityofalisoviejo.com	12 Journey Suite 100 Aliso Viejo, CA 92656	949-425-2550
Anaheim www.anaheim.net	200 S Anaheim Blvd Anaheim, CA 92805	714-765-5191
Brea www.ci.brea.ca.us	695 E. Madison Way Brea, CA 92821	714-990-7150
Buena Park www.buenapark.com	8150 Knott Ave. Buena Park, CA 90620	714-236-3860
Costa Mesa www.ci.costa-mesa.ca.us	77 Fair Dr. Costa Mesa, CA 92628	714-754-5300
Cypress www.ci.cypress.ca.us	5700 Orange Ave. Cypress, CA 90630	714-229-6780
Dana Point www.danapoint.org	34052 Del Obispo St. Dana Point, CA 92629	949-248-3530
Fountain Valley www.fountainvalley.org	1796 Bushard St. Fountain Valley, CA 92708	714-593-4446
Fullerton www.ci.fullerton.ca.us	303 W Commonwealth Ave. Fullerton, CA 92832	714-738-6575
Garden Grove www.ci.garden-grove.ca.us	11222 Acacia Pkwy Garden Grove, CA 92840	714-741-5200
Huntington Beach www.ci.huntington-beach.ca.us	2000 Main St. Huntington Beach, CA 92648	714-536-5486
Irvine www.ci.irvine.ca.us	1 Civic Center Irvine, California 92623-9575	949-724-6610 Disability Services: 949-724-6633
La Habra www.ci.la-habra.ca.us	101 W La Habra Blvd. La Habra, CA 90633	562-905-9708

City Park And Recreation Contact Information
As of 2/1/2008

<i>City</i>	<i>Address</i>	<i>Phone Number</i>
La Palma www.cityoflapalma.org	7822 Walker St. La Palma, CA 90623	714-690-3350
Laguna Beach www.lagunabeachcity.net	515 Forest Ave. Laguna Beach, CA 92651	949-497-0716
Laguna Hills www.ci.laguna-hills.org	25555 Alicia Pkwy Laguna Hills, CA 92653	949-707-2680
Laguna Niguel www.ci.laguna-niguel.ca.us	29751 Crown Valley Pkwy Laguna Niguel, CA 92677	949-425-5100
Lake Forest www.ci.lake-forest.ca.us	25550 Commercentre Dr. Lake Forest, CA 92630	949-461-3450
Los Alamitos www.ci.los-alamitos.ca.us	10911 Oak St. Los Alamitos, CA 90720	562-430-1073
Mission Viejo www.ci.mission-viejo.ca.us	200 Civic Center Mission Viejo, CA 92691	949-348-1547
Newport Beach www.newport-beach.ca.us	3300 Newport Blvd Newport Beach, CA 92663	949-644-3151
Orange www.cityoforange.com	230 E Chapman Ave Orange, CA 92866	714-744-7274
Placentia www.placentia.org	401 E Chapman Ave. Placentia, CA 92870	714-993-8232
Rancho Santa Margarita www.cityofrsm.org	22112 El Paseo Rancho Santa Margarita, CA 92688	949-635-1800
San Clemente www.san-clemente.org	100 N Calle Seville San Clemente, CA 92672	949-361-8264
San Juan Capistrano www.sanjuancapistrano.org	25925 Camino del Avion San Juan Capistrano, CA 92675	949-493-5911

City Park And Recreation Contact Information
As of 2/1/2008

<i>City</i>	<i>Address</i>	<i>Phone Number</i>
Santa Ana www.ci.santa-ana.ca.us	888 W. Santa Ana Blvd. Santa Ana, CA 92701	714-571-4200
Seal Beach www.ci.seal-beach.ca.us	211 8th St. Seal Beach, CA 90740	562-431-2527
Stanton www.ci.stanton.ca.us	7800 Katella Ave. Stanton, CA 90680	714-379-9222
Tustin www.tustinca.org	300 Centennial Way Tustin, CA 92780	714-573-3326
Villa Park www.villapark.org Contact the City of Orange	230 E. Chapman Ave. Orange, CA 92866	714-744-7274
Westminster www.ci.westminster.ca.us	8200 Westminster Blvd. Westminster, CA 92683	714-895-2860
Yorba Linda www.ci.yorba-linda.ca.us	4845 Casa Loma Ave Yorba Linda, CA 92885	714-961-7100



Comfort Connection Family Resource Center