

IN SERVICE TO PEOPLE WITH DEVELOPMENTAL DISABILITIES



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**Special Needs-Focused Summer Recreation Resource Guide  
Features 100+ Orange County Connections for Children**

Santa Ana, CA (May 2017) -- To help parents plan a summer full of mind and body engaging activities for their children with developmental disabilities, Regional Center of Orange County's (RCOC) Family Resource Center released its parent checklist and 2017 Summer Recreation Resource Guide, featuring more than 100 local programs, events and activities suitable for children with special needs.

The 14-page guide provides contact information and websites, along with detailed summaries of recreation, social, camp, sports/fitness, playground/park, art, music, dance, science, cooking and woodworking opportunities. It also includes helpful information about beach wheelchairs, discounts, free passes, and more.

RCOC's checklist, which appears at the front of the Guide, helps families identify program/event features and accommodations that might be important for their children.

"All programs are legally required to serve those with disabilities," said RCOC's Executive Director Larry Landauer. "But parents can better ensure their children have a good experience if they explain that their son or daughter has special needs, and then work collaboratively with the organization or provider to determine if the program is a good fit."

Here are some questions RCOC suggests parents and guardians may want to ask:

- Do you currently serve any individuals with physical or cognitive disabilities that you know of at this time?
- What is your teacher-to-student ratio for classes and/or activities offered?

- How is your staff trained on providing services for individuals with disabilities?
- Can you provide the additional support for my child's needs, such as toileting and feeding?

To download the free Guide, visit RCOC's website at <http://www.rcocdd.com/frc/ccfrc/resources/recreation/>. For additional resource information, please contact Regional Center of Orange County's Family Resource Center at (714) 558-5400 or [ccfrc@rcocdd.com](mailto:ccfrc@rcocdd.com).

*(Note: The agencies, individuals and programs listed in the Guide are not endorsed by Regional Center of Orange County. This information is provided as a courtesy to assist families with locating recreational opportunities. The specific details of these programs may change periodically. Other programs might be provided and found through various cities and their recreation contacts.)*

#### ***About Regional Center of Orange County***

Regional Center of Orange County is the private, nonprofit organization contracted by the State of California to coordinate life-long services and supports to more than 20,000 Orange County residents with developmental disabilities and their families.

Developmental disabilities include intellectual disabilities, autism, epilepsy and cerebral palsy. More information is available at [www.rcocdd.com](http://www.rcocdd.com).

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