



LIVING OPTIONS

PRESENTED TO RCOC BOARD OF DIRECTORS APRIL 4, 2019

Patrick Ruppe, Associate Executive Director Jack Stanton, Associate Director, Housing Leah Saitz, Supported & Independent Living Coordinator

Mark Antenucci, Independent Options Jack Darakjian, Modern Support Services



COMMUNITY LIFE GUIDING PRINCIPLE



To live in the community is the preference of most individuals with developmental disabilities. However, inherent in this choice are risks. While affirming the dignity gained by the taking of risks, and the valuable learning provided by those opportunities, the Center is committed to the following:

- Individuals Served are in safe settings.
- Individuals Served have access to essential health services.

LIVING OPTIONS GUIDING PRINCIPLES



- Individuals Served have choices on where and with whom they live.
- Services and supports are provided so that individuals served have choices on where and with whom they live, including owning or renting their own homes.
- Practices are driven in the system by culturally preferred choices.
- We believe that we should support families in keeping their children, both minors and those adults who choose to remain at home, as a priority for the allocation of limited Regional Center resources.
- Individuals Served live in homes where they receive love and nurturing and where they can form relationships.
- Families with children in out-of-home care receive the support necessary to remain involved in their children's lives.

FIRST STEP IN THE PROCESS

The Individual Served and/or Family requests a change in living situation



- Referred to Guide to Living Arrangement https://issuu.com/regionalcenterofoc/docs/guide to living arrangements adults3613?mode=window&viewMode=doublePage
- One Page Description can help provide details on individuals needs

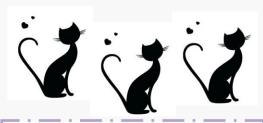


What people like and admire about me

- I'm very intelligent and a talented writer
- I tell great jokes
- I'm a good parent to my cats
- I write blogs for and have received great reviews

What's important to me

- I need my own space—I don't like others touching my stuff
- It's important to me to feel heard
- I am very passionate about politics, however, this can be a trigger if we don't have the same viewpoints
- I love Game of Thrones, but please be careful as this may turn into a trigger for me
- I want to be independent and do things for myself
- Please don't do things for me but rather help me through the process
- I enjoy volunteering my time at my church



How best to support me

- I don't want to feel like I'm being babysat so please treat me like a friend versus someone providing supervision
- Avoid topics surrounding politics and Game of Thrones as this can be a big trigger point
- If I start perseverating on Game of Thrones or politics, it means I'm stressed about something. Please give me space.
- While I enjoy surfing the web, please put a time constraint on it as I find information on the web that can trigger an outburst.
- I enjoy going to local coffee shops, swimming, writing, journaling, reading and hiking. Please encourage me to engage in these activities/hobbies.
- While out in the community and purchasing an item with cash, I may get anxious as I am unable to count change quickly. Please encourage me to take a receipt and count my change when I have more time.
- While I can complete most ADL's independently, I typically require a lot of reminders to complete a task.

SECOND STEP IN THE PROCESS

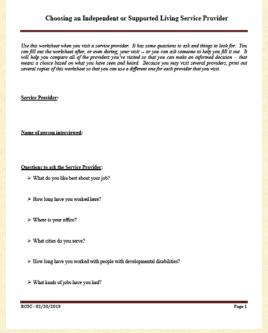


- Service Coordinator consults with LORG (Living Options Resource Group) and or SIL (Supported Independent Living Group)
- Level of Care is assessed

THIRD STEP IN THE PROCESS

Step 3

- Service Coordinator presents various living options to
 - the Individual Served/Family
- Completes living options worksheet
 - Available on the RCOC Website



FOURTH STEP IN THE PROCESS

Step 4

Individual Served/Family visit, interview and select living option.

TYPES OF UNLICENSED LIVING OPTIONS

UNLICENSED MEANS NO
OTHER STATE AGENCY
OVERSIGHT. MONITORING
ONLY BY REGIONAL
CENTER

- Independent Living
- Supported Living
- Adult Family Home Agency (AFHA)
- Independent Living in the Family Home

Rules C Regulations

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LICENSED LIVING OPTIONS

Licensed adds additional State oversight on top of Regional Center

Department of Health Services Health Care Licensing (HCL) Intermediate Care Facilities (ICF) Department of Social Services/ Community Care Licensing (CCL)

ICF

- ICFDD
- ICFDD-H
- ICFDD-N

CCF

- Level 2
- Level 3
- Level 4, A-I

Developmental Center/Locked Facility Homes: Adult Residential Facility for Persons with Special Health Needs (ARFPSHN); Specialized Residential Facility (SRF); Enhanced Behavioral Support Homes (EBSH)

PROS & CONS



- Both Licensed and Unlicensed options include Person Centered Planning
- Licensed models bring more restrictions, regulation compliance e.g., physical plant inspections, required postings and often owner operated (meaning you can be forced to move).
- Unlicensed models allow more privacy and individualized home decorating, not just bedroom. Individualized leases, your home.

LIVING OPTIONS MONTHLY COST

Vendor Capacity of 4 or Less

	Capacity of 4 of Ec		(30.	44 days)						
		DDS	Prorated		Monthly		(30.44 days) Prorated		(21 days) *Daily	
Sub	Description	Monthly	Monthly		Supplemental		Supplemental Amount		Respite	
Code 00B	Description Level 1 (Basic Rate)	Rate \$1,058.37	\$	Rate 34.77	\$	Amount	\$	Amount	\$	Rate 50.40
4L2O	Level 2 - Owner	\$3,674.00	\$	120.70	\$	2,615.63	\$	85.93	\$	174.95
	Level 2 - Staff	\$4,035.00	\$	132.56	\$		\$	97.79	\$	192.14
		- /	\$		_	2,976.63	-		·	
	Level 3 - Owner	\$3,725.00	_	122.37	\$	2,666.63	\$	87.60	\$	177.38
4L3S	Level 3 - Staff	\$4,195.00	\$	137.81	\$	3,136.63	\$	103.04	\$	199.76
4L4A	Level 4 A	\$4,847.00	\$	159.23	\$	3,788.63	\$	124.46	\$	230.81
4L4B	Level 4 B	\$5,140.00	\$	168.86	\$	4,081.63	\$	134.09	\$	244.76
4L4C	Level 4 C	\$5,429.00	\$	178.35	\$	4,370.63	\$	143.58	\$	258.52
4L4D	Level 4 D	\$5,793.00	\$	190.31	\$	4,734.63	\$	155.54	\$	275.86
4L4E	Level 4 E	\$6,165.00	\$	202.53	\$	5,106.63	\$	167.76	\$	293.57
4L4F	Level 4 F	\$6,550.00	\$	215.18	\$	5,491.63	\$	180.41	\$	311.90
4L4G	Level 4 G	\$7,008.00	\$	230.22	\$	5,949.63	\$	195.45	\$	333.71
4L4H	Level 4 H	\$7,488.00	\$	245.99	\$	6,429.63	\$	211.22	\$	356.57
4L4I	Level 4 I	\$8,170.00	\$	268.40	\$	7,111.63	\$	233.63	\$	389.05



http://www.rcocdd.com/consumers/description-of-services/residential-services/

QUALITY ASSURANCE MONITORING



				AFHA
		ICF	SL/ILS	(Adult
	CCF	(Intermediat	(Supported	Family
	(Community	e Care	Independen	Home
RCOC Responsibilities	Care Facility)	Facility)	t Living)	Agency)
IPP Quarterly Visits	X	X	X	X
Unannounced Visits	X	X		X
Annual Visits	X		X	X
Tri-Annual Visit	X			

Other Licensing Involvement

- DSS, Department of Social Services for CCF's
- DHS, Department of Health Services for ICF's

LAST STEP IN THE PROCESS

A safe, appropriate living arrangement which has been selected by the Individual Served and/or family.

