



# LIVING OPTIONS

PRESENTED TO  
RCOC BOARD OF DIRECTORS  
APRIL 4, 2019

Patrick Ruppe, Associate Executive Director  
Jack Stanton, Associate Director, Housing  
Leah Saitz, Supported & Independent Living  
Coordinator

Mark Antenucci, Independent Options  
Jack Darakjian, Modern Support Services



[illegible]

- Individuals Served are in safe settings.
- Individuals Served have access to essential health services.



# LIVING OPTIONS GUIDING PRINCIPLES



- Individuals Served have choices on where and with whom they live.
- Services and supports are provided so that individuals served have choices on where and with whom they live, including owning or renting their own homes.
- Practices are driven in the system by culturally preferred choices.
- We believe that we should support families in keeping their children, both minors and those adults who choose to remain at home, as a priority for the allocation of limited Regional Center resources.
- Individuals Served live in homes where they receive love and nurturing and where they can form relationships.
- Families with children in out-of-home care receive the support necessary to remain involved in their children's lives.

# FIRST STEP IN THE PROCESS

Every journey begins  
with the first step.



- The Individual Served and/or Family requests a change in living situation
- Referred to Guide to Living Arrangement  
[https://issuu.com/regionalcenterofoc/docs/guide\\_to\\_living\\_arrangements\\_-\\_adults3613?mode=window&viewMode=doublePage](https://issuu.com/regionalcenterofoc/docs/guide_to_living_arrangements_-_adults3613?mode=window&viewMode=doublePage)
- One Page Description can help provide details on individuals needs





# RONALD WILSON

## What people like and admire about me

- I'm very intelligent and a talented writer
- I tell great jokes
- I'm a good parent to my cats
- I write blogs for and have received great reviews



## What's important to me

- I need my own space—I don't like others touching my stuff
- It's important to me to feel heard
- I am very passionate about politics, however, this can be a trigger if we don't have the same viewpoints
- I love Game of Thrones, but please be careful as this may turn into a trigger for me
- I want to be independent and do things for myself
- Please don't do things for me but rather help me through the process
- I enjoy volunteering my time at my church

## How best to support me

- I don't want to feel like I'm being babysat so please treat me like a friend versus someone providing supervision
- Avoid topics surrounding politics and Game of Thrones as this can be a big trigger point
- If I start perseverating on Game of Thrones or politics, it means I'm stressed about something. Please give me space.
- While I enjoy surfing the web, please put a time constraint on it as I find information on the web that can trigger an outburst.
- I enjoy going to local coffee shops, swimming, writing, journaling, reading and hiking. Please encourage me to engage in these activities/hobbies.
- While out in the community and purchasing an item with cash, I may get anxious as I am unable to count change quickly. Please encourage me to take a receipt and count my change when I have more time.
- While I can complete most ADL's independently, I typically require a lot of reminders to complete a task.

# SECOND STEP IN THE PROCESS



- Service Coordinator consults with LORG (Living Options Resource Group) and or SIL (Supported Independent Living Group)
- Level of Care is assessed

# THIRD STEP IN THE PROCESS

## Step 3

- Service Coordinator presents various living options to the Individual Served/Family
- Completes living options worksheet
  - Available on the RCOC Website

**Choosing an Independent or Supported Living Service Provider**

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*Use this worksheet when you visit a service provider. It has some questions to ask and things to look for. You can fill out the worksheet after, or even during, your visit -- or you can ask someone to help you fill it out. It will help you compare all of the providers you've visited so that you can make an informed decision -- that means a choice based on what you have seen and heard. Because you may visit several providers, print out several copies of this worksheet so that you can use a different one for each provider that you visit.*

**Service Provider:**

**Name of person interviewed:**

**Questions to ask the Service Provider:**

- What do you like best about your job?
- How long have you worked here?
- Where is your office?
- What cities do you serve?
- How long have you worked with people with developmental disabilities?
- What kinds of jobs have you had?

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# FOURTH STEP IN THE PROCESS

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## Step 4

- Individual Served/Family visit, interview and select living option.



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# TYPES OF UNLICENSED LIVING OPTIONS

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**UNLICENSED MEANS NO  
OTHER STATE AGENCY  
OVERSIGHT. MONITORING  
ONLY BY REGIONAL  
CENTER**

- Independent Living
- Supported Living
- Adult Family Home Agency (AFHA)
- Independent Living in the Family Home



# LICENSED LIVING OPTIONS

Licensed adds additional State oversight on  
top of Regional Center

Department of Health Services  
Health Care Licensing (HCL)  
Intermediate Care Facilities (ICF)

Department of Social Services/  
Community Care Licensing (CCL)

## ICF

- ICFDD
- ICFDD-H
- ICFDD-N

## CCF

- Level 2
- Level 3
- Level 4, A-I

Developmental Center/Locked Facility Homes: Adult  
Residential Facility for Persons with Special Health Needs  
(ARFPSHN); Specialized Residential Facility (SRF); Enhanced  
Behavioral Support Homes (EBSH)



# PROS & CONS



- Both Licensed and Unlicensed options include Person Centered Planning
- Licensed models bring more restrictions, regulation compliance e.g., physical plant inspections, required postings and often owner operated (meaning you can be forced to move).
- Unlicensed models allow more privacy and individualized home decorating, not just bedroom. Individualized leases, your home.

# LIVING OPTIONS MONTHLY COST

## Vendor Capacity of 4 or Less

Sub Code	Description	DDS Monthly Rate	(30.44 days) Prorated Monthly Rate	Monthly Supplemental Amount	(30.44 days) Prorated Supplemental Amount	(21 days) *Daily Respite Rate
00B	Level 1 (Basic Rate)	\$1,058.37	\$ 34.77	\$ -	\$ -	\$ 50.40
4L2O	Level 2 - Owner	\$3,674.00	\$ 120.70	\$ 2,615.63	\$ 85.93	\$ 174.95
4L2S	Level 2 - Staff	\$4,035.00	\$ 132.56	\$ 2,976.63	\$ 97.79	\$ 192.14
4L3O	Level 3 - Owner	\$3,725.00	\$ 122.37	\$ 2,666.63	\$ 87.60	\$ 177.38
4L3S	Level 3 - Staff	\$4,195.00	\$ 137.81	\$ 3,136.63	\$ 103.04	\$ 199.76
4L4A	Level 4 A	\$4,847.00	\$ 159.23	\$ 3,788.63	\$ 124.46	\$ 230.81
4L4B	Level 4 B	\$5,140.00	\$ 168.86	\$ 4,081.63	\$ 134.09	\$ 244.76
4L4C	Level 4 C	\$5,429.00	\$ 178.35	\$ 4,370.63	\$ 143.58	\$ 258.52
4L4D	Level 4 D	\$5,793.00	\$ 190.31	\$ 4,734.63	\$ 155.54	\$ 275.86
4L4E	Level 4 E	\$6,165.00	\$ 202.53	\$ 5,106.63	\$ 167.76	\$ 293.57
4L4F	Level 4 F	\$6,550.00	\$ 215.18	\$ 5,491.63	\$ 180.41	\$ 311.90
4L4G	Level 4 G	\$7,008.00	\$ 230.22	\$ 5,949.63	\$ 195.45	\$ 333.71
4L4H	Level 4 H	\$7,488.00	\$ 245.99	\$ 6,429.63	\$ 211.22	\$ 356.57
4L4I	Level 4 I	\$8,170.00	\$ 268.40	\$ 7,111.63	\$ 233.63	\$ 389.05



<http://www.rcocdd.com/consumers/description-of-services/residential-services/>



# QUALITY ASSURANCE MONITORING



<b>RCOC Responsibilities</b>	<b>CCF</b> (Community Care Facility)	<b>ICF</b> (Intermediate Care Facility)	<b>SL/ILS</b> (Supported Independent Living)	<b>AFHA</b> (Adult Family Home Agency)
<b>IPP Quarterly Visits</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>
<b>Unannounced Visits</b>	<b>X</b>	<b>X</b>		<b>X</b>
<b>Annual Visits</b>	<b>X</b>		<b>X</b>	<b>X</b>
<b>Tri-Annual Visit</b>	<b>X</b>			

## Other Licensing Involvement

- DSS, Department of Social Services for CCF's
- DHS, Department of Health Services for ICF's

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# LAST STEP IN THE PROCESS

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A safe, appropriate living arrangement which has been selected by the Individual Served and/or family.

