

Healthy Life, Happy Life – Data Chart

Name: _____ UCI# _____

Record the date and weight for each weekly lesson using the chart below:

	Date	Weight
Lesson 1		
Lesson 2		
Lesson 3		
Lesson 4		
Lesson 5		
Lesson 6		
Lesson 7		
Lesson 8		
Lesson 9		
Lesson 10		
Lesson 11		
Lesson 12		
Lesson 13		