

comfort connection

Family Resource Center

A - Z

Parent Support Groups

Grupos de Apoyo para Padres
Các Nhóm Hỗ Trợ Phụ Huynh



1525 N. Tustin Avenue
Santa Ana, CA 92705

Located at
Regional Center of Orange County
1st Floor

✧ **Se habla Español**

*Connecting families who have children with
special needs to resources and support*

Tel: 714-558-5400

Fax: 714-542-5634

September 2023

All Disabilities Welcome

Adult Family Connections (focus on caregivers of adults)

Lisa Stanton, SCDD 714-558-4404
orangecounty@scdd.ca.gov

Friendship Circle

Lisa Bogart 949-721-9800 x100
lisa@FriendshipOC.org

Parents Helping Parents Support Group

Ana Palafox, FSN 714-447-3301 x204
apalafox@fsn-oc.org, <https://www.fsn-oc.org/>

TASK 714-533-8275

Team of Advocates for Special Kids
Register online at www.taskca.org

ADHD Attention Deficit Hyperactivity Disorder

CHADD (Children & Adults with ADD)

ADHDmeeting@gmail.com 714-6951057
www.greaterocchadd.org

Angelman Syndrome

CLASP (California League of Angelman Syndrome Parents)

Katie Hendren 714-421-2635
Avalon68.Kh@gmail.com

Autism

ARM/Autism Resource Mom

Debora L. Smith 714-501-8735
info@autismresourcemom.org,
autismresourcemom.org/programs

AUesome Sauce (Mixer for Families)

Sarah Watkins 562-708-0699
info@ausomesauce.org

Autism by the Sea

Debbie Painter 714-612-1120
dpainter01@roadrunner.com
www.autismbythesea.org

The Center for Autism & Neurodevelopmental Disorders (CAND)

Parent to Parent Group
Nellie Valentine 949-267-0462
nelliev@uci.edu

✧ Grupo de Apoyo en Español (Spanish only)

Marlene Cuevas, LCSW 949-267-0442
mcuevas3@uci.edu

Family Autism Network

Bonnie Gillman 714-573-1500
info@faninfo.org; www.faninfo.org

Grandparent Autism Network

Bonnie Gillman 714-573-1500
info@ganinfo.org; www.ganinfo.org

✧ Grupo de Autismo Angeles

Gloria & Jose Hernandez 714-956-0362
info.grupoangelesoc@gmail.com

OCASG - OC Asperger's Support Group

Judi Uttal
ocasupport@gmail.com, www.ocaspergers.org

Saddleback Ministries Autism Support Group

Wendy and Greg Lamp 949-609-8000
wlamp@saddlebackvolunteer.com

TACA (The Autism Community in Action)

✧ Simran Garcia 949-640-4401 x115
Simran.garcia@tacanow.org
www.tacanow.org

Behavior

Helping the Behaviorally Challenging Child (HBCC)

Debra Ann Afarian 714-695-1057
dafarian@hbcc.us, www.hbcc.us

Bereavement

Compassionate Friends

Yolanda Villalva 714-335-4763
✧ Maria Jimenez 562-822-5563
www.compassionatefriendsoc.com

✧ Forever Footprints 714-509-0065

(loss of baby in pregnancy or infancy)
info@foreverfootprints.org
www.foreverfootprints.org

Hoag Hospital Bereaved Support Groups

Zuly Rhoads 949-764-8358
Zuly.rhoads@hoag.org

Blind/Visually Impaired

Beyond Blindness

Ashley Yee 714-573-8888 x4014
ashley.yee@beyondblindness.org
www.beyondblindness.org

Partners for Pediatric Vision

Diane Christian 714-451-6513
✧ Mackenzie Bello-Ponce 714-712-0745
partnersforpediatricvision@gmail.com

The Braille Institute

323-906-3112
childdevelopment@brailleinstitute.org
www.brailleinstitute.org

Cardiofaciocutaneous (CFC)

Costello Syndrome

Melinda Taylor 714-380-2906
myson1029@gmail.com

Deaf/Hard of Hearing

John Tracy Center

Bridgette Klaus 213-863-9959
bklaus@jtc.org, www.jtc.org

O.C. Deaf Equal Access Foundation

www.ocdeaf.org (TTY/Voice) 714-826-9793
(Video phone) 714-503-0669

California Hands and Voices

cahandsandvoices.org

Down Syndrome

Down Syndrome Association of OC

Circle of Friends

✧ Alicia Sanchez 714-540-5794
asanchez@dsaoc.org, www.dsaoc.org

Down Syndrome/Alzheimer's Disease

Kim Bailey 949-757-3771
kim.bailey@alzoc.org

Dwarfism

Little People of America

888-846-2001
info@lpaonline.org, www.lpaonline.org

Epilepsy/Seizure Disorder

✦Epilepsy Support Network of OC
Janna Moore 714-916-0456
jmoore@esnoc.org

Faith-Based Groups

Haven of Hope 949-477-0700
havenofhope@newsong.net,
Facebook Haven off Hope at Newsong

Hope Outreach Ministry 949-222-0591
livingword@calvarylivingword.org
www.calvarylivingword.org

Mariners Church Exceptional Families
Suzi Soares
ssoares@marinerschurch.org
exceptionalfamilies@marinerschurch.org
www.marinerschurch.org/exceptional-families

Saddleback Special Parents
Amy Kendall 949-609-8492
amyk@saddleback.com

Fetal Alcohol Spectrum Disorders (FASD)

FASD Network of Southern California
Valerie Lipow 760-582-1266
vallipow@fasdsoutherncalifornia.org

Multi-Cultural Groups

Asian Indian

JEENA
Meena Bedekar
meena.bedekar@gmail.com
jeena.org

Chinese/Mandarin

Chinese Parents Association for the Disabled
OC Chapter (CPAD-OC) 949-414-9860
cpadoc2008@gmail.com, www.cpad.org
Lisheng Zhang (CPAD's board member)
Justinmeng97@gmail.com 714-330-2189

Korean

Being Built Together (BBT)
Jinsook Baek 949-751-7343
contact@bbtus.org, www.bbtus.org

Japanese

Japanese Speaking Parents Association
Mariko Magami 818-249-1726
majomaridance@gmail.com, www.jspacc.org

Spanish/Latino

✦Conexiones Educativas
Cecilia Mercado 714-398-4710
ceci.mercado@yahoo.com

✦Nuevos Horizontes
Barbara Dominguez 714-998-4912
barbie_diguez@yahoo.com

✦Padres Mentores
Evelyn Rodriguez 657-342-9194
epamela31@gmail.com, www.lpmentors.com

Vietnamese

Vietnamese Parents with Disabled Children Association (VPDCA)
Hung Gia Nguyen 714-527-9216
vpdcahung@yahoo.com
Tien Nguyen tienvpdca@gmail.com

BPSOS Center for Community Advancement
Thu Tran 714-897-2214
Thu.tran@bpsos.org

Vietnamese Parent Support Group for Children with Special Needs/Mental Health Challenges
Project Vietnam Foundation 714--888-5800
info@projectvietnam.org

Fragile X

Sali Farber 714-544-9551
salij401@att.net

LGBTQ

LGBTQ Center O. C. 714-953-5428
info@lgbtqcenteroc.org
www.LGBTCenterOC.org

✦ La Familia
Jonathan Gutierrez 714-953-5428 x504

Community Counseling & Supportive Services (CCSS) 714-645-8000
ochealthinfo.com/bhs/about/pi/early/ccss

Radiant Rainbow Allegiance 949-809-5793
Online support group (ages 13-17)
jzarate@radianthealthcenters.org
Online & In-person (ages 18-24) 949-809-5788
Kcollard@radianthealthcenters.org

Mental Health

National Alliance of Mental Illness (NAMI-OC)
www.namio.org 714-544-8488

Myotonic Dystrophy

Myotonic Dystrophy Foundation
Loraine Dressler 714.278.2359
Support Group Facilitator for SoCal
lkdressler@verizon.net

Ostomy

United Ostomy Association 800-826-0826
Teri Stickle 714-637-7971
tis8689@yahoo.com, www.ostomy.org

Prader-Willi California Foundation

www.pwcf.org 310-372-5053
Request "parent mentor" via info@pwcf.org

Rett Syndrome

International Rett Syndrome Foundation
www.rettssyndrome.org

Sherry Brady 562-619-0109
mom2Lcm@gmail.com

Susan McLoughlin 949-858-8411
mclo4@cox.net 949-887-8356

Siblings - Sibshop (ages 7-13)

Down Syndrome Association of OC
(Down syndrome) 714-540-5794
www.dsaoc.org

Infinity Kids 949-273-6503
info@infinitykids.com, www.infinitykids.com

OC Asperger's Sibling Support Group
(For older teens & adults)
ocasupport@gmail.com
www.ocaspergers.org

✦Opportunity Matters to Everyone
www.om2e.org 949-922-5193

Infinity Kids 949-273-6503
info@infinitykids.com, www.infinitykids.com

Sandy Feet Initiative (SibTeen programs also)
Mo Langley 714-206-3810
mo@sandyfeetoc.org
www.sandyfeetoc.org

Spina Bifida

Spina Bifida Association
Christina Berlin 310-359-9611
cberlin@sbaa.org

Tuberous Sclerosis Complex

TSC Alliance
April Cooper 240-258-7295
acooper@tscalliance.org, www.tscalliance.org

Type One Diabetes

JDRF 949-553-0363
Robby Mansfield 949-296-5446
rmansfield@jdrf.org, www.jdrf.org