



Regional Center of Orange County

Planning for Your Loved One's Future





Meeting Needs Throughout Lifetimes

In keeping with California's Lanterman Act promise, RCOC is committed to providing lifelong services and supports to people with developmental disabilities. Achieving this requires us to engage in long-term planning, to ensure we are prepared to meet our diverse community's evolving needs and preferences.

RCOC's volunteer Board of Directors has identified three key priorities to guide our planning. Each year, we perform surveys of persons-served that provide objective data to help us deliver better service and identify resources that will be needed in the future.

RCOC's Long-Term Strategic Goals to Help People with Developmental Disabilities

1. Foster **healthier lifestyle options** to reduce health risk factors and improve the overall well-being of those we serve.
2. Increase the supply of safe, appropriate and affordable **housing** for those we serve through community involvement.
3. Increase the proportion of working-age persons served who are engaged in competitive integrated **employment**.

Using Data to Support Quality of Life

Health & Wellness: 11,874 respondents

Survey questions relate to personal safety, emotional and physical health, and information individuals want to improve those areas.

- The overwhelming majority (81.6%) expressed satisfaction with their ability to remain safe.
- 356 expressed an interest in receiving information about exercise and 339 about healthy eating, as ways to improve their physical health.

Housing: 3,594 respondents living outside the family home and 8,285 respondents living in the family home

Survey questions relate to individuals' satisfaction with their current living arrangements, preferences for future living options and when those options might be needed.

- Among those living outside the family home, the most requested information related to affordable housing.
- Among those living in the family home, the alternative living arrangement generating the most interest was independent living, at 726, and 387 expected to move out in 3-5 years.

Employment: 2,170 employed and 9,763 unemployed respondents (6,265 of unemployed do not want to work)

Survey questions relate to job satisfaction and reasons for it and whether individuals want to learn more about specific employment options and services.

- Among employed respondents, 84% expressed satisfaction with where they work.
- Employment referrals were the most requested information by those who are unemployed.

Partner With Us!

Your Service Coordinator is here to help you live your best life.

As part of every Individual Program Plan (IPP) team meeting for adults we serve, RCOC Service Coordinators ask questions directly related to our three long-term strategic goals.

We encourage you to be candid when responding to these survey questions. It's one of the best ways to partner with RCOC to help secure a meaningful future for all Orange County residents with developmental disabilities.

Learn More

This brochure provides a brief snapshot of our strategic planning survey. To see detailed results for the current fiscal year, go to RCOC's website (www.rcocdd.com/about-rcoc/nci) or click on the QR code below.

The web page also includes information about RCOC's performance, as measured by the National Core Indicators (NCI) program. NCI is a nationally recognized survey of individuals with developmental disabilities and their families, covering satisfaction with the services they receive and their overall quality of life.



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Source: RCOC Strategic Planning survey for fiscal year 2022-2023