



Community Behavior Resources

A listing of community resources available for families with young children experiencing challenging behaviors follows. Each program has its own eligibility criteria. Please be aware that program specifics and contact numbers are always changing.

General Information

- **OC Links – 855-OC-LINKS (855-625-4657)** OCHCA, Behavioral Health Services
This is an information and referral service; licensed clinicians assess the child's/family's needs and determine which Behavioral Health Services program best suits their needs; makes a warm hand-off for family. Serves all of Orange County, all ages, all languages.

Family-Focused Programs

- **Infant & Toddler Home Visiting Program – 714-955-6516** The Priority Center
Provides a free 2 year program to prenatal mothers and for children ages 0 – 5 years. Focus is to educate parents utilizing Parents as Teachers (PAT). Serves North County (Irvine/Costa Mesa and north). Services in English, Spanish
- **OC Parent Wellness Program, OCPWP - (714-480-5160)** OCHCA, Behavioral Health Services
Supports families with children under the age of 18 including; expectant women and their partners affected by the pregnancy or birth of a child within the past 12 months, families that have a history of Social Services involvement or families with a young child between the ages of 0 - 8 years who are exhibiting behavioral symptoms that may be negatively impacting their readiness for school. Services in English, Spanish and Vietnamese.
- **Project Focus – 714-636-6286** OCAPICA (O.C. Asian and Pacific Islander Community Alliance)
Full wrap-around program including counseling, housing assistance, employment support, mentorship for families with children 0-15, and youth 16-25. Services available in Vietnamese, Korean, Tagalog, Samoan, Cambodian, Chinese, Japanese, Hmong and other Asian/Pacific Islander languages.
- **Services for Families with Young Children - 855-955-5092** The Priority Center
Serves families with children from birth to age 8 throughout O.C. Provides no cost, in-home assessments; screening of children; individualized family plan case management services; and medical home establishment. The program serves families for 2-12 weeks, depending upon need. Services throughout the county are provided in English, Spanish and Vietnamese.

Parenting Classes

- **Behavior Management/Social Skills Workshops – 714-796-5223** Regional Center of OC
Free 5-part series provided in English, Spanish, and Vietnamese; 5th session addresses toilet training.
- **Helping the Behaviorally Challenging Child (HBCC) – 714-695-1057**
Multi-session course training parents and educators to utilize the Collaborative Problem Solving (CPS) method; beneficial for verbal children/youth/young adults. Provided in English and Spanish. Some partial scholarships available.
- **North Orange Continuing Education – Parenting Program – 714-808-4915**
Tuition-free parenting classes to support social, emotional and creative growth include on-line Child Wellness course, Love & Logic, and parenting courses taken with children.

- **Olive Crest – 714-543-5437**
Provides parenting education classes which include courses on how to better your relationship with children. Classes are at no cost to Orange County residents with children birth to 18 years old.
- **Triple P (Positive Parenting Program) - <https://www.triplep-parenting.com/oc-en/triple-p/>** OCHCA
This is an on-line course that parents can work through in their own time when it's convenient for them. Offers simple, practical strategies to help parents raise happy, confident children. Two courses are offered free of charge; one for Toddlers to Teens, and another for Pre-Teens & Teens.
- **YMCA Parenting Classes - 714-508-7643**
In collaboration with the Children's Bureau, YMCA offers a variety of topics for parents of young children (age 0-8); these are offered in English and Spanish at no cost.

Parent Training

- **PCIT (Parent-Child Interaction Therapy) – 714-953-4455** Child Guidance Center (CGC)
Child and parent are observed behind a one-way mirror, the parent is coached through an earpiece how to handle challenging behaviors. For ages 2-10. Provided in English and Spanish. Funded by Medi-Cal or CGC funding, if qualifies.
- **Project Bloom – 714-447-3301, ext. 205** Family Support Network (FSN)
A free behavior management program for families with children from birth to 5 years old; Bloom focuses on educating parents about proper behavior management strategies, improving the parent-child relationship and recognizing the importance of children's mental health. The Certified Family Life Educator guides families through five individualized sessions created to meet their unique needs.

Community Programs

- **Head Start** – Comfort Connection can provide specific flyers; primarily for 4 year-old
- **Learning Links** – Comfort Connection has O.C. roster and individual program flyers, 0-5 year-olds
- **Start Well: Mental Health Consultation for Early Care & Education – 714-559-1264**
Supports children experiencing difficulties in Early Childhood programs and child care settings by providing training to early childhood professionals and parents.
- **State Preschool** – contact local school districts (18 out of 24 O.C. districts participate), for 3.9+ year-olds
- **Think Together** – various cities host programs for 0-5 year-olds; Comfort Connection has O.C. roster.

Referrals for Counseling Services

- **Comfort Connection FRC – 714-558-5400** - Has numerous agency flyers for low-cost or sliding scale counseling
- **Community Counseling and Supportive Services – 714-645-8000**
Free counseling provided in Orange and Mission Viejo; language capabilities include Spanish, Vietnamese, Korean and Arabic.
- **FaCT FRCs** – counseling for families with no insurance resources
- **Help Me Grow – 866-476-9025**
- **OC Links – 855-OC-LINKS (855-625-4657)**
- **Resources for Children, <https://www.rcocdd.com/communityresources/>** - Counseling