



# PERSON CENTERED PLANNING

*A PLAN TO HELP YOU AND YOUR FAMILY MEMBERS  
ACHIEVE A HAPPY, FULFILLED LIFE.*

We envision a world where all people with developmental disabilities have positive control over the lives they have chosen for themselves. Our workshop will help participants develop an at-a-glance positive introduction to the person, including information about what's important to the person and what people like and admire about them. Also, identify the support that they need. It will help empower the person in expressing their unique perspective and autonomy.

## PRESENTED BY:

### LEAH SAITZ

Person Centered  
Thinking Coordinator  
Regional Center of  
Orange County

### NELLIE VALENTINE

Parent Advocate &  
Educator  
CAND

- What is the vision?
- What are the goals?
- What steps are needed to get there?
- Who will provide supports?



9:30 AM - 11:30 AM



SEPTEMBER 5, 2025  
OCTOBER 4, 2025



ZOOM



[REGISTER HERE](#)

Questions:  
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**UCI Health**

Center for Autism and  
Neurodevelopmental Disorders