

# INTRODUCTION TO PERSON CENTERED THINKING FOR FAMILIES



**PERSON CENTERED THINKING (PCT) IS THE BELIEF THAT YOU ARE THE EXPERT IN YOUR OWN LIFE. COME LEARN ABOUT PCT AND EMPOWER YOUR LOVED ONE TO BUILD A LIFE THEY CHOOSE AND ASPIRE TO AT ANY AGE!**

**In this training you will learn the basics of PCT including:**

- A positive way to introduce your family member to people in the community
- Several tools to help your loved one feel supported
- How to develop a ONE PAGE DESCRIPTION that organizes information

Presented by Kathleen McFarlin of the Family Resource Center &  
Cristina Mercado of RCOC



## **Families of Children Age 3 to 15**

Thurs, Feb 20, 6 PM to 9:30 PM

Thurs, May 21, 6 PM to 9:30 PM

(Check in begins 15 minutes before training)

## **Families of Adults Age 16 and up**

Thurs, Feb 27, 6 PM to 9:30 PM

Thurs, May 14, 9 AM to 12:30 PM

(Check in begins 15 minutes before training)

**ALL TRAININGS WILL BE HELD AT  
RCOC'S CENTRAL OFFICE  
1525 NORTH TUSTIN AVE,  
SANTA ANA, CA 92705**

**FREE PARKING AVAILABLE IN  
STRUCTURE ACROSS THE DRIVEWAY**

**SPACE IS LIMITED  
REGISTER BY CALLING  
714-558-5400**