

Comfort Connection Family Resource Center invites you to a Presentation:



Mealtime Game Changers

Presented by
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Ana Salgado, M.A., BCBA
Love 2 Learn

Learn tips and tricks to use during mealtimes for infants and young children. By the end of this workshop, parents can expect to have a toolbox that will decrease stress and increase success.

- 1. Set realistic expectations for the adults
- 2. Nutrition needs of children
- 3. Environmental strategies that promote independence
- 4. Routines that work for all

Wednesday, March 15th, 2023 6:30 - 8:30 p.m.

This will be a virtual workshop. Please register in order to receive the log-on information. Click <u>HERE</u> to register or scan the QR code below.



Should you have questions, please contact Patricia Garcia at 714-558-5400 or email pgarcia@rcocdd.com