

**Regional Center of Orange County**  
**Self-Determination Program Local Advisory Committee Meeting Summary**  
**June 19, 2018**  
**6:30 p.m. to 8:30 p.m.**

**Present**

Rhys Burchill, Parent

Jyusse Corey, RCOC Peer Advocate

Cathy Furukawa, RCOC Training and Organizational Specialist

Tim Jin, Person Served

Andrea Kumetz-Coleman, Parent

Larry Landauer, RCOC Executive Director

April Lopez, Parent

Michael Rillera, Parent

**I. Welcome and Introductions**

Ms. Rhys Burchill called the meeting to order at 6:37 p.m. All in attendance toasted in celebration of the approval of the Self-Determination waiver by the Centers for Medicare and Medicaid Services (CMS). She welcomed all attendees of the Self-Determination Program Local Advisory Committee (SDPLAC) Meeting. Each committee member introduced him/herself. Community members in attendance also introduced themselves. Ms. Burchill noted that meeting participants with issues outside of the scope of the SDPLAC can complete a comment card and have an RCOC employee contact them at a later date.

**II. Approval of Minutes from May 7, 2018 Meeting**

The committee reviewed the minutes from the May 7, 2018. Ms. Andrea Kumetz-Coleman gave a motion to approve the minutes. All committee members voted in favor of approving the minutes.

### **III. Updates on Informational Meetings and Suggestions Regarding How to Expand Community Outreach**

Ms. Cathy Furukawa provided an update on informational meetings. RCOC has hosted a number of informational meetings from January until May. There are currently no in-person informational meetings scheduled but the informational meeting is now available on RCOC's website. The online presentation includes presentation slides and audio narration in English, Spanish, and Vietnamese. Viewers are then given instructions on how to submit their names to DDS to be considered for the Self-Determination Program.

It was suggested that information regarding the Self-Determination Program and informational meetings be included in RCOC's Dialogue publication.

### **IV. Report on State Self-Determination Meeting**

Ms. April Lopez provided an update from the State meeting. She reported that there have been no other waivers approved under the current administration and the regional centers from the pilot program did not have information on how they developed IPP outcomes for people with Self-Determination. It was reported that statewide numbers for the number of people over the age of 42 who have submitted their names to be considered for Self-Determination is low.

Ms. Burchill reported that she will be attending the State Meeting on July 19, 2018 with other local advisory committee chairs.

### **V. Updates on the Waiver**

There are no updates on the Waiver since CMS approved the Self-Determination Waiver on June 7, 2018. In regards to program implementation and next steps, the Department of Developmental Services (DDS) has provided an estimated timeline. There have not yet been any announcements regarding regulations of services or a cut-off date for when all names need to be submitted to DDS.

### **VI. Presentation on the Person Centered Plan**

Ms. Kumetz-Coleman gave a presentation on how a Person Centered Plan (PCP) can help a person identify goals, interests, and people in his or her life. The PCP allows a person to have choices in how they spend their time and with whom. She encourages participation from different and diverse people because this will bring new perspectives and ideas. Information from her son's PCP was shared, which included: areas he need supports, his strengths, and his special interests. The PCP team can meet as frequently as possible

because the PCP is an on-going process and evolves over time depending on the changing interests of the individual. There were examples of different creative ways a PCP can be depicted (i.e. a Life board game, a collage, a visual map). Ms. Kumetz-Coleman stated that the PCP can be as simple or as extensive as one wants but the important thing is to start as soon as possible.

**VII. Public Comments**

There were no comments from the public at this time.

**VIII. Agenda Items for the August 6, 2018 meeting**

It was requested that the next agenda include a discussion on the implementation process of the Self-Determination Program.

**IX. Adjournment**

The meeting was adjourned at 7:27 p.m.