Request for Proposal

From Self-Determination Local Advisory Committee for RCOC Issued on November 6, 2023 Deadline for submission: February 29, 2024

<u>Background:</u> Self-Determination Program Local Advisory Committees (SDP LAC's) were established by law to provide oversight of the Self-Determination Program (SDP) and make recommendations for improvement to each local regional center and the Department of Developmental Services. Periodically, funds are granted by the Department of Developmental Services (DDS) to the SDP LAC's and Regional Centers to support the implementation of the SDP. The SDP LAC for Regional Center of Orange County (RCOC) has prioritized the needs in the local area for the use of the first provision of funds, and is seeking proposals from interested parties to carry out the below project which the committee wishes to fund.

<u>Project Proposal/Description:</u> Person-centered Planning (PCP) Training for Participants and Families

Person-centered Planning (PCP) gives the participant's agency to choose how they want to live their life, including what their goals are and what they need. The National Association of State Directors of Developmental Disabilities (NASDDS) defined PCP as ... "a way to assist people who need support in their life to construct and describe how they envision their life, their goals, what they need, and how they prefer their needs be met, in order to include purpose and meaning in their life."

Proposals are being accepted that teach persons with developmental disabilities and their families about Person-centered Planning (PCP), it's role in the Self-Determination Program, how to start a written PCP plan, and the Independent Facilitator's (IF) role in the PCP process.

The organization of the training may include an overview of PCP and the significance it plays in the SDP, followed by two individual or small group training courses that will focus on starting a PCP plan and the role an IF plays in the PCP process. The training may include time for attendees to brainstorm ideas for their PCP plan. For a period of thirty days after the training is conducted, attendees may submit questions about the PCP plan to the trainers. The training may be conducted remotely via Zoom or in-person with the option for attendees to participate by Zoom. The training must be available in English, Spanish, Vietnamese, and other languages upon request.

Total funding available: Amount to be determined (approved by LAC on 11/6/2023) Project must be completed by February 29, 2024.

Application Instructions

Submit the following documentation/information by January 10, 2024 to selfdetermination@rcocdd.com

- 1. Application Questionnaire
- 2. Responses to the project-specific questions
- 3. Project budget

GENERAL APPLICATION QUESTIONNAIRE

- 1. Name of Applicant (Organization or Individual)
- 2. Is Applicant an Independent Contractor / Sole Proprietor, Partnership, LLC, or a corporation (indicate whether nonprofit or for profit)
- 3. Name of Primary Contact
- 4. Email of Primary Contact
- 5. Telephone Number of Primary Contact
- 6. Address
- 7. Website (if applicable)
- 8. What percentage of the ownership of this business or of the total number of members of the Board of Directors are persons with developmental disabilities or cross-disabilities? What is the demographics of the Board of Directors and/or vested owners?
- 9. Describe your experience:
 - a. Working with persons with intellectual or developmental disabilities including the scope of the services you have provided
 - b. Working with underserved, unserved, or BIPOC communities
 - c. With community outreach, training, and resource development
- 10. Describe your familiarity and experience with:
 - a. Use of plain language / universal design of learning (including drafting plain language materials and speaking in plain language)
 - b. Community resources, the regional center system, and other agencies who have a role in supporting people with intellectual and/or developmental disabilities
- 11. List the project you are applying for under this RFP
- 12. Provide us with the name and contact information (telephone, email address) of 3 professional references.

PROJECT SPECIFIC-QUESTIONNAIRE

In addition to responding to the general application, please answer the supplemental questions below on a separate paper:

- 1. Your experience in SDP, including the name of the associated regional center(s) where you provide services.
- 2. Your experience with Person-centered planning.
- 3. List the relevant qualifications for the individuals who would be responsible for carrying out this project.
- 4. Ability to maintain and monitor project plans, project schedules, work hours, budgets, and expenditures.
- 5. Outline the timeline for completion of tasks to ensure project deadline is met by January 10, 2024.
- 6. Identify the anticipated outcomes of your project and how will you measure your success.
- 7. The cost to host the training and length and type of training.