

REQUEST FOR PROPOSALS

From Self-Determination Program Local Volunteer Advisory Committee (SDP LVAC) for RCOC

Issued on February 2, 2026

Deadline for submission: March 21, 2026

Background

Self-Determination Program Local Volunteer Advisory Committees (SDP LVACs) were established by law to provide oversight of the Self-Determination Program (SDP) and make recommendations for improvement to each local regional center and the Department of Developmental Services (DDS). Periodically, funds are granted by DDS to SDP LVACs and Regional Centers to support the implementation of the SDP. The SDP LVAC for Regional Center of Orange County (RCOC) has prioritized the needs in the local area and is seeking proposals from interested parties to carry out the below project which the committee wishes to fund.

Project Proposal / Description

RFP for SDP Parent Support Group

The SDP LVAC seeks proposals to lead an SDP Parent Support Group for families participating in or considering participation in the Self-Determination Program.

Meeting Schedule:

The support group will meet monthly on a schedule (date and time) to be determined in the future. Meetings will be conducted in English with Spanish interpretation.

Meeting Content and Reporting Requirements:

- Include a brief informational segment at each meeting on SDP topics of current interest.
- Provide a written monthly report summarizing issues/concerns raised by the group and recommendations provided.
- If serious concerns are raised, encourage participants to reach out directly to RCOC and alert the SDP LVAC of the concern.

Delivery Format:

Project activities may be delivered through a combination of online/virtual and in-person formats. Proposers should describe how the selected delivery methods will ensure accessibility, meaningful participation, and equitable access across the RCOC catchment area.

Language Access Requirements:

Self-Determination Program Local Volunteer Advisory Committee (SDP LVAC)

Regional Center of Orange County (RCOC)

Document ID: SDP-LVAC-RFP-PARENT-2026-R1

All trainings, materials, and facilitation under this project must be delivered in both English and Spanish. Written materials must be provided in English and Spanish. Live interpretation for Korean and Vietnamese is strongly preferred and should be included when feasible. Proposers should describe their approach to language access and any partnerships or resources they will use to support interpretation and translation.

Participation Capacity:

While limiting class size can provide a benefit to learning and engagement, it is the objective of the SDP LVAC to help all interested persons whenever feasible. Proposers should be willing to run several sessions/cohorts if needed to accommodate demand and maximize access.

Total funding available: Not to Exceed (NTE) \$20,000

Project must be completed by December 31, 2026.

Application Instructions

Submit the following documentation/information by March 21, 2026 to selfdetermination@rcocdd.com:

1. Application Questionnaire
2. Responses to the project-specific questions
3. Project budget (one page)

GENERAL APPLICATION QUESTIONNAIRE

1. Name of Applicant (Organization or Individual)
2. Is Applicant an Independent Contractor / Sole Proprietor, Partnership, LLC, or a corporation (indicate whether nonprofit or for profit)?
3. Name of Primary Contact
4. Email of Primary Contact
5. Telephone Number of Primary Contact
6. Address
7. Website (if applicable)
8. What percentage of the ownership of this business or of the total number of members of the Board of Directors are persons with developmental disabilities or cross-disabilities? What is the demographics of the Board of Directors and/or vested owners?
9. Describe your experience:
 - a. Working with persons with intellectual or developmental disabilities including the

- b. Working with underserved, unserved, or BIPOC communities
- c. With community outreach, training, and resource development

10. Describe your familiarity and experience with:

- a. Person centered planning
- b. Self-determination
- c. Use of plain language / universal design of learning (including drafting plain language materials and speaking in plain language)
- d. Community resources, the regional center system, and other agencies who have a role in supporting people with intellectual and/or developmental disabilities

11. List the project you are applying for under this RFP

12. Provide us with the name and contact information (telephone, email address) of 3 professional references

PROJECT SPECIFIC-QUESTIONNAIRE

In addition to responding to the general application, please answer the supplemental questions below on a separate paper:

1. Describe your experience facilitating parent/caregiver support groups (including disability- or SDP-related groups, if applicable).
2. Describe your experience working with families participating in SDP or regional center services.
3. Describe how you will structure monthly meetings to balance peer support with the SDP informational segment.
4. Describe your process for producing the required monthly written report (issues/concerns and recommendations).
5. Describe how serious concerns will be identified and how you will encourage direct outreach to RCOC and alert the SDP LVAC.
6. Delivery Method: Describe the proposed mix of online/virtual and in-person meetings and how accessibility and engagement will be ensured.
7. Language Access: Describe English facilitation with Spanish interpretation and your plan for Korean and Vietnamese live interpretation (preferred, when feasible).
8. Participation Capacity: Describe anticipated group size and how additional sessions/accommodations will be offered if demand exceeds capacity.
9. Attach a one-page Project Budget showing how funds will be utilized (separate line items for planned expenditures).