Risk Assessment Inventory: Major Depression

The ID Team should consider the need to address any identified risk factor including further evaluation by the approved professional or clinical team.

Personal Risk Factors

√ if	Risk Factor
Present	
	Loss of interest in things you used to enjoy, including sex
	Feeling sad, blue, or "down in the dumps"
	Feeling slowed down or restless and unable to sit down
	Feeling worthless or guilty
	Changes in appetite or weight (loss or gain)
	Thoughts of death or suicide; suicide attempts
	Problems concentrating, thinking, remembering, or making decisions
	Trouble sleeping or sleeping too much
	Loss of energy or feeling tired all of the time
	Headaches
	Other aches and pains
	Sexual problems
	Digestive problems (upset stomach, etc.)
	Feeling pessimistic or hopeless
	Being anxious or worried

Consumer:	Date