

Risk Assessment Inventory: Osteoporosis

The ID Team should consider the need to address any identified risk factor including further evaluation by the approved professional or clinical team.

Personal Risk Factors

<input type="checkbox"/> if Present	Risk Factor
<input type="checkbox"/>	In women, early menopause (before 45 years old)
<input type="checkbox"/>	In women, early hysterectomy (before normal menopause age of 50)
<input type="checkbox"/>	Long term use of high dose corticosteroids
<input type="checkbox"/>	In women, irregular or infrequent periods during your lifetime
<input type="checkbox"/>	Heavy smoking (or passive smoking)
<input type="checkbox"/>	Heavy drinking
<input type="checkbox"/>	Immobility
<input type="checkbox"/>	Lack of sunshine
<input type="checkbox"/>	Low calcium intake
<input type="checkbox"/>	Other diseases
<input type="checkbox"/>	Family history of osteoporosis or fractures
<input type="checkbox"/>	Fracture after a minor bump or fall
<input type="checkbox"/>	Loss of height
<input type="checkbox"/>	Back pain

Consumer: _____ Date _____