



Regional Center of Orange County Services for Early Start Children and Families

Parents often ask us what services are available to them. We provide this list as an overview of some of the services and supports that are commonly recommended for infants and toddlers (age birth to 36 months) and their families. Please remember that services are determined on an individualized basis and no two families are the same. Services must be identified as needed on the Individual Family Service Plan (IFSP) that is developed for each child. There are also additional services provided through other sources that may need to be explored (such as insurance, Early Head Start, community centers and others) before Regional Center services are used.

- **Assessment and Consultation** - Our Intake and Assessment Unit will determine eligibility for Regional Center services by assessment and consultation to clarify the extent of the developmental delay, determining what type of services and supports are needed, identifying family health and mental health needs, supporting eligibility for a public-funded benefit, etc.
- **RCOC Specialists** have expertise in Early Childhood Development, Speech Therapy, Occupational Therapy, Education, Psychology, Behavior Intervention, Medicine, Genetics, Nursing, Dental Hygiene, Pharmacy, Assistive Technology, Mental Health, Financial and Health Benefits, and Living Options and provide consultation to Service Coordinators as needed.
- **Service Coordination** - Individualized service planning with the family, referral to and coordination of services available from community agencies or regional center funded service providers, advocacy for accessing appropriate services, and periodic review at least every 6 months, or more often if needed.
- **Infant Development Program** - A therapeutic program for children with global delays or delays in more than one area. Classes are led by specialists in early childhood development and provide opportunities for infants and toddlers to learn early childhood development and communication skills.
- **Therapy Programs: Speech & Language, Occupational Therapy, Physical Therapy, Applied Behavior Analysis** – Parent educational programs and groups led by therapists help parents learn techniques that can be used to work with their child at home and promote a child's development. If medically necessary, your service coordinator can guide you to obtain these services through your private health insurance plan or through Medi-Cal.
- **Behavior Intervention Services** – Behavior intervention services are available to assist parents/caregivers to apply principles of behavior intervention, and teach new skills using individualized and practical examples.
- **Co-Pay, Co-Insurance and Deductibles** – If the family receives medically necessary therapies and treatments funded by insurance, RCOC is able to assist with insurance co-payments, co-insurance and deductibles if the family meets the income requirements (WIC 4659.1)
- **Medical, Dental, and Nursing services** – To meet medical, dental, and nursing needs for children who do not have other health care resources such as private insurance, Medi-Cal or

EPSDT (Early and Periodic Screening, Diagnostic and Treatment program), assistance may be provided as needed. A nursing assessment or in-home nursing care may be provided to support the family in meeting special health care needs.

- **Interpreter Services** – RCOC may provide interpretation of spoken communication at meetings with RCOC.
- **Respite Care** – In special circumstances, temporary relief from care and supervision may be provided to parents and other primary caregivers for children with significant self-care deficits, ongoing medical needs, or behavioral challenges.
- **Transportation** – Based upon individual/family needs and abilities, RCOC can help connect families to appropriate transportation services in the community, such as public transportation, community paratransit services, etc.
- **Family Support** - The Comfort Connection Family Resource Center provides a wide network of information and support. Parents are encouraged to visit and check out the latest information on topics of interest. There is also information on the Regional Center of Orange County website listed under the Family Support tab (www.rcocdd.com).
- **Early Childhood Development Seminars** - Informational presentations are available every other month organized by Comfort Connection Family Resource Center. They are led by experts in the field on topics of interest to Early Start families; topics routinely addressed are challenging behaviors, sleeping difficulties, feeding issues, potty training, etc.
- **Moving on At 3** - Every other month, Early Start staff pair-up with a school district to share information on what parents can expect when their child moves from Early Start into school district programs. This is organized by the Comfort Connection Family Resource Center and our Early Start Specialist.
- **Support Groups** – RCOC provides information for a variety of parent support groups offered throughout the county. Please contact Comfort Connection at 714-558-5400 to receive an extensive listing.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the Comfort Connection Family Resource Center (714-558-5400).

Additional service descriptions are provided in Title 17 of the California Code of Regulations. Please click on the following link to be re-directed to the appropriate Title 17 regulation, Section 54342-

[https://govt.westlaw.com/calregs/Document/I08DD8A7A6FED4632AD2C129CC76F5FE9?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=\(sc.Default\)&bhcp=1](https://govt.westlaw.com/calregs/Document/I08DD8A7A6FED4632AD2C129CC76F5FE9?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=(sc.Default)&bhcp=1)

Should you have any questions about your services please contact your Service Coordinator.