

## Regional Center of Orange County Services for School-Aged Children and Families

Parents often ask what services are available to them. We provide this list as an overview of some of the services and supports that are commonly recommended for school-aged children and their families. Please remember that services are determined on an individualized basis and no two families are the same. Services must be identified as needed on the Individual Program Plan (IPP) that is developed for each child. There are also additional services provided through other sources that may need to be explored (such as insurance, school district, and others) before Regional Center services are used.

- Assessment and Consultation- Our Intake and Assessment Unit will determine eligibility for Regional Center services by assessment and consultation to clarify a diagnosis, determining what type of services and supports are needed, identifying family health and mental health needs, supporting eligibility for a public-funded benefit, etc.
- **Specialists** RCOC has specialists with expertise in Early Childhood Development, Speech Therapy, Occupational Therapy, Education, Psychology, Behavior Intervention, Medicine, Genetics, Nursing, Dental Hygiene, Pharmacy, Assistive Technology, Mental Health, Financial and Health Benefit the Criminal Justice System, Adult Day Services and Living Options are available to provide consultation to Service Coordinators as needed.
- Educational Support Service coordinators provide support at IEP meetings. If needed, RCOC has an educational expert to assist with support.
- **Family Support** RCOC provides a network of information and support through the Comfort Connection Family Resource Center and a variety of parent support groups.
- **Classes and Informational Presentations for Parents** RCOC notifies Service Coordinators and families about upcoming educational opportunities in the community as well as workshops offered through Regional Center of Orange County.
- Service Coordination Individualized service planning with the family, referral to and coordination of services available from community agencies or regional center funded service providers, advocacy for accessing appropriate services, and periodic review at least annually or more often when needed.
- After-School Care For working parents of children who are in school, and are not able to receive care from typical day care resources, RCOC may assist with a portion of the cost of day care in a typical day care setting or in-home, or care in a specialized care program, after-school or during extended school breaks.
- **Behavior Services** Behavior services are available to assist parents/caregivers to apply principles of behavior intervention, and teach new skills using individualized and practical examples. Courses for parents, children and teenagers provide

opportunities to improve socialization and safety in the community. This service is typically funded through available generic resources.

- Behavior Intervention Co-Pay, Co-Insurance and Deductibles If the family receives behavior intervention services funded by insurance, RCOC is able to assist with insurance co-payments, co-insurance and deductibles if the family meets the income requirements. (WIC 4659.1)
- **Respite Care** Temporary relief from care and supervision may be provided to parents and other primary caregivers for consumers with significant self-care deficits, ongoing medical needs, or behavioral challenges. Out-of-home respite care may be provided in a licensed home setting up to 21 nights per year, if available.
- Interpreter and Translator Services RCOC may provide interpretation of spoken communication at meetings with RCOC.
- **Transportation** Based upon individual/family needs and abilities, RCOC can help connect families to appropriate transportation services in the community, such as public transportation, community paratransit services, etc.
- Transition to Adulthood:
  - **Living Options -** For children/teens that are not able to live with their family or on their own, licensed homes or family home agencies may be available to provide individualized care, health and behavioral supports, and the comforts of a typical home in the community.
  - School Transition programs for students 18-22: School transition programs focus on employment training and work experience. RCOC Service Coordinators provide supports at Individual Transition Plan meetings to insure a smooth transition from school to work and RCOC funded programs.
- **Crisis Support Services** RCOC has a crisis response team that provides support when individuals and families are in crisis due to emotional or serious behavior issues.
- **Support Groups** A list of support groups for individuals/families are offered by Comfort Connection Family Resource Center; please contact at (714) 558-5400.
- **211 Services** Provides help with food, housing, employment, health care, counseling and more <u>http://www.211.org/</u> or just dial 2-1-1.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the RCOC Comfort Connection Family Resource Center (714-558-5400).

Additional service descriptions are provided in Title 17 of the California Code of Regulations. Please click on the following link to be re-directed to the appropriate Title 17 regulation, Section 54342-

https://govt.westlaw.com/calregs/Document/I08DD8A7A6FED4632AD2C129CC76F 5FE9?viewType=FullText&originationContext=documenttoc&transitionType=Categ oryPageItem&contextData=(sc.Default)&bhcp=1

Should you have any questions about your services please contact your Service Coordinator.